



BIGBURY & RINGMORE NEWS

DECEMBER 2023 / JANUARY 2024

Issue 481

~ IN THIS ISSUE ~

BLOCK PRINTS
Linnet Workshops

~

FOSL
they need you!

~

VILLAGE KITCHEN
spicy sprouts

~

MOCKTAIL HOUR
for dry January

~

BIGBURY SCHOOL
beginnings

~

BELLRINGERS
part two

~

WINTER HANDS
skin & nail care

plus

COMMUNITY NEWS

~

WHAT'S ON

~

BEACH BANTER

~

CHURCH NEWS

~

BIGBURY NET ZERO

~

BUSINESS MATTERS

~

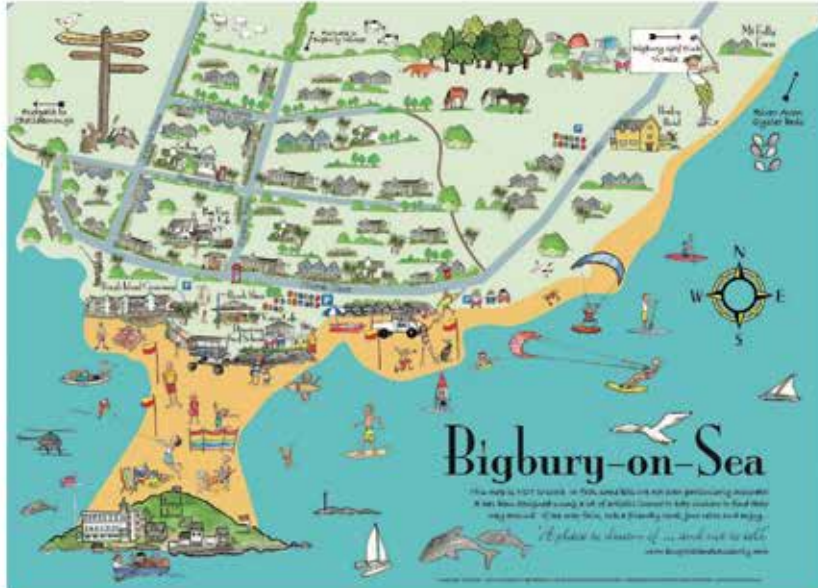
THE 19th HOLE



BIGBURY ON SEA HOLIDAYS

Bigburyonsea.co.uk

The site for great holidays in a great community;
now gives the accommodation, holiday activities,
many useful links and maps.



Now features community events and dates.

Send any ideas for the site to

John@BigburyOnSeaHolidays.com

BIGBURY & RINGMORE NEWS

COPY DEADLINES

15 January for the February / March Issue
15 March for the April / May issue
15 May for the June / July issue
15 July for the August / September issue
15 Sept. for the October / November issue
15 Nov. for the December / January Issue

FREE COPIES

Bigbury & Ringmore News is distributed free to 600 homes and businesses in the parishes of Bigbury and Ringmore.

ANNUAL DONATIONS

from supporters are welcome and needed!
Cheques 'Bigbury News' post to:
The Treasurer, Bigbury News, Long
Easton, Easton, TQ7 4AN.
OR BACS details - Name: Bigbury News
Sort Code: 30-99-12 Account: 29305568
Ref: DONATION

FREE DOWNLOADS
from our website at
www.bigburynews.com

DISCLAIMER Bigbury & Ringmore News and Editor cannot be held responsible for any loss or inconvenience caused by any inaccurate information contained within this magazine. Please contact the relevant party directly to confirm the details of any information or event. Inclusion of a business advertisement does not imply a recommendation by Bigbury News or the Editor. Please take up references of previous clients or customers before enlisting the services or products advertised herein.

Front Page Photo credits

Top: Nancy Singleton

Middle: Mike Wynne-Powell

Bottom: Henry Wainwright



BIGBURY NET ZERO DRUMS

Together we can make a Difference

SIGN UP

to a weekly Mail Chimp newsletter about local events and alerts, via email. Please complete the on-line form at www.bigburynews.com or contact the BNZD editor: henry.wainwright52@gmail.com

ADVERTISE LOCAL EVENTS

Send your event posters to the BNZD editor. Events in the South Hams are also promoted.

BIGBURY TV

WHAT?

A Youtube channel to share the talents of local people in the Bigbury Parish

WHY? To keep us upbeat and entertained (not just during lockdown, but beyond!) and celebrate the fabulous and wide-ranging talent amongst us.

TUNE IN! just visit the channel whenever you fancy! <https://bit.ly/BigburyTV>

All the videos are there for you to watch 'on demand'.

On Charterlands Chatter, we will let you know when new videos have been uploaded.



Editor and Design: Jan Davies bigburynewseditor@gmail.com
Treasurer and Advertising: Henry Wainwright henry.wainwright52@gmail.com

Business Editor: Nancy Singleton
Distribution Manager: Dane Vanstone

Thank you to all of our volunteer distributors in Bigbury and Ringmore.

EDITOR'S LETTER

Dear Readers,

Since our last edition, we've weathered some storms and probably finished up most of our garden tasks but it's now tree-planting time so would you like a free one? Take a look at page 23 for details. While there, you'll see the gorgeous collage of local nature on page 22 created by Mike Wynne-Powell and kindly shared with us.

If you're feeling creative yourself, you might be interested in a printing workshop, described by the artist herself on page 17. Meanwhile, winter hands need looking after and our own beauty expert Louise Pitt has lots of advice on caring for our skin and nails throughout the coldest season on page 31.

The Friends of St Lawrence's (FOSL) have provided us with an interesting update on how funds have improved the church on page 18, especially the photos showing the difference in lighting! There's much more in this edition, which I hope you will enjoy. Don't forget this is your community magazine and the more of you who contribute pieces, the better it will be.

A year has passed since I became editor and I am very grateful to all of our contributors, our treasurer Henry Wainwright for all he does to help me and also to everyone involved in the magazine's delivery. Most of all, I must thank Nancy Singleton, who is more than our business editor. She helps me a huge amount with ideas for this magazine and does a lot of work behind the scenes. See 'Mocktail Hour' on page 21 to find out what we drink in editorial meetings!

Merry Christmas and Happy New Year to you all,

Jan Davies
bigburynewseditor@gmail.com

CONTENTS

Community	4- 7
What's On	8- 9
St Lawrence's Church	10
All Hallows Church	11
Modbury Mission	13
Beach Banter	14-15
Linnet Workshops	17
FOSL	18-19
Village Kitchen	21
Wildlife Watch	22
Garden Gate	23
Local History	25
Business Matters	27
Avon River Champions	28
Bigbury Net Zero	29
Winter Hands	31
Bellringers part two	33
The Nineteenth Hole	35

SOCIAL GROUPS

BIGBURY BOOKWORMS

Valerie Scott 01548 810336
valeriescott@bigbury.net

WOMEN'S INSTITUTE

Jackie Tagent
michael.tagent@btinternet.com

BIGBURY LADIES

Pam Trundle 01548 810719

RINGMORE HISTORICAL SOCIETY

Eamonn Byrnes
eamonn.byrnes@gmail.com

BIGBURY HISTORY SOCIETY

Charles Harrington 01548 810023

BIGBURY COFFEE MORNING

Jean Wright 01548 810029
Yvonne Klidjian
yvonneklidjian@btinternet.com

BIGBURY COMMUNITY CHOIR

Apple Taylor
appletaylor72@gmail.com

RINGMORE TABLE TENNIS

Richard Baker
Richard.baker@totease.uk

BIGBURY TABLE TENNIS

Angie Bond 811131
Janie Grace 811122

YOGA

SHORT MAT BOWLS

Caroline Brocklehurst
caroline.brocklehurst65@gmail.com

JU JITSU

Eoin Murphy
sigmurphy@outlook.com

FIT TO GO

Jill Gubbins 01548 810 651
gubbinsjill@gmail.com

LINE DANCING

Sue Bain 550348

MODBURY HEALTH CENTRE

Poundwell Meadow
Modbury PL21 0QI
01548 830666

www.modburyhealthcentre.co.uk

MODBURY PHARMACY

5 Broad St
Modbury PL21 0PS
01548 830215

www.modburypharmacy.co.uk

Changes to Fare Car F7 and bus service 875

Bus service 875 (Bigbury – Lee Mill) has been withdrawn.

As a replacement for bus service 875, the Fare Car F7 service, which currently operates from the Bigbury and Challaborough areas to Modbury and Ivybridge on Fridays, will additionally run on Tuesdays from 14th November 2023 and will be extended to Lee Mill.

Additionally from 14th November, passengers who have an English National Concessionary Bus Pass will be able to travel for free on the Fare Car on both days of operation if they show their pass to the driver.

If you are running a social group that you'd like to be included, please contact the editor at bigburynewseditor@gmail.com

BIGBURY PARISH COUNCIL

Chair: Stuart Watts

cllrswatts.bigburypc@gmail.com
01548 810373 or 07802 732368

Vice Chair: Henry Wainwright

cllrhwainwright.bigburypc@gmail.com
01548 810991

Councillors:

Cathy Case 01548 810079
cllrccase.bigburypc.@gmail.com

Johnathon Fish

cllrjfish.bigburypc@gmail.com

Hazel Marshall

cllrhmarshall.bigburypc@gmail.com

David Molesworth 01548 810178

cllrdmolesworth.bigburypc@gmail.com

Valerie Scott 01548 810336

cllrscott.bigburypc@gmail.com

Parish Clerk:

Ian Bramble

clerk.bigburypc@gmail.com

PARISH COUNCIL MINUTES

Minutes of all Parish Council meetings can be viewed in the three parish Notice Boards at:

- Holywell Stores, Bigbury
- Unwind Salon, Bigbury
- Bus Shelter, Bigbury-on-Sea

They are also on the Bigbury Community website:

www.bigburycommunity.co.uk

RINGMORE PARISH COUNCIL

Chair: Mary Swan

swan779@btinternet.com
01548 810592

Vice Chair: Michael Campbell

07796 268851

Councillors:

Andrew King 07855 829936
kingandi41@gmail.com

John Reynolds 01548 811218

jpreynoldssr@gmail.com

Mike Wood 07483 353887

mikewood81@hotmail.co.uk

Helen Kent

hells1510@hotmail.co.uk

Parish Clerk:

Ian Bramble

ringmorepc@gmail.com

PARISH COUNCIL MINUTES

Minutes of all Parish Council meetings can be viewed in the parish Notice Boards at:

- the bus stop in Ringmore
- below the Nisa shop .

They are also on the Ringmore Parish Council website:

www.ringmoreparishcouncil.gov.uk

BIGBURY MEMORIAL HALL Bringing the Community Together

Our Winter programme got off to a flyer in October when Dr. Paul Naylor gave a fascinating talk on the marine life in Bigbury Bay. Over 50 people attended and were enthralled as marine biologist Paul showed amazing pictures of the unlikely life right on our doorstep. His enthusiasm came over very powerfully. It's hoped that Paul may be able to give another talk, aimed at the younger generation, in the New Year.

Our next event is a Bubbles Wine Tasting Evening on December 15th. This is a really fun evening that was extremely popular last year. You don't have to be a wine buff to attend. Tickets will be allocated on a first come first served basis and may be obtained from Angie Bond on 07967 008484.

The New Year gets off to its traditional start with our ever popular Quiz Evening on Friday 12th January. This year your Quiz Inquisitor is Norman Botton. This is always good value. Tickets are only £5 and this includes a bottle of wine for each team. See poster for further details.

Finally we've had a bit of a clear out at the Hall, as a result of which some children's play equipment is available free of charge for anyone who can put it to good use. Pictures of the items are on Bigbury Memorial Hall Charterlands Chatter Bigbury Don't Dump It.

Charles Harrington

Tel: 810023

Email: charles_harri@yahoo.co.uk

ATTENTION DOG OWNERS

BIGBURY MEMORIAL HALL & FIELD
The Parish Council are aware that *some* dog owners are letting their dogs run here and not picking up their mess.

This is a serious health hazard!
Penalties range from £100 - £1000.



BIGBURY WATCH



Eamonn & Linda Byrnes

811104 or 07790 485102

Not sure whether to call the police about something? Have a chat with our friendly Bigbury Watch Team and perhaps they can give you some advice. Eamonn and Linda are retired police officers and live locally.



MEMORIAL HALL CALENDAR

Day	Activity	Organiser
Mondays		
9.30 - 10.30	Pilates	Jill Gubbins 810651
10.50 - 11.30	Strong & Steady (plus tea & chat)	Jill Gubbins 810651
15.45 - 17.00	Table Tennis	Angie Bond 811131 Janie Grace 811122
1st Wed. of the month		
10.30 - 12.00	Community Coffee morning	Jean Wright 810029 Yvonne Klidjian 810971
2nd Wed. of the month		
19.30	Parish Council	Ian Bramble 855712
19.00	Community Choir	Apple Taylor Appletaylor72@gmail.com
Thursdays		
15.30 - 16.30	Line Dancing	Sue Bain 550348

BIGBURY MEMORIAL HALL

A G M ~ AGENDA

Tuesday 5 th December 2023 at 5.00 p.m.

1. Apologies for absence
2. Minutes of 2022 AGM
3. Matters arising from Minutes of 2022 AGM
4. Management Committee/Trustees' Report and Financial Statement for year ended 31 st March 2023
5. Appointment of members of Management Committee
 - a. Members standing for election/ re-election
 - b. Other nominations*
6. Open Forum
7. AOB

*Please send any nominations with names of a proposer and seconder to the Chairman by Monday 4th December.

Charles Harrington – Chair.

MOBILE COVERAGE

The Mobile Boost scheme ran from February 2021 to March 2023 and funded over 1,700 installations across the region, helping small businesses and homeworkers with poor indoor mobile coverage. Connecting Devon and Somerset (CDS) are delighted to share that the scheme has recently been successful in securing additional funding from the Heart of the South West Local Enterprise Partnership (HotSW LEP) and will be re-opening to applications on Monday 8th January 2024. Funding is limited and we have forecast that the scheme will run for six months from January to June 2024, subject to demand.

Susie Jones

Connecting Devon and Somerset (CDS) programme

<https://www.connectingdevonandsomerset.co.uk/south-west-communities-receive-funding-boost-to-improve-mobile-connectivity/>

BIGBURY COFFEE MORNING

On Wednesday 4th October we raised £367 for South Hams Hospital League of Friends. Unfortunately Phil muddled his days and turned up on Thursday to find an empty hall ! He did attend the November coffee Morning and told us about the good work of the Friends caring for both patients and staff at the hospital.

On Wednesday 1st November we raised £360 for Great Ormond Street Hospital-to accommodate parents from Devon & Cornwall who have children being treated at GOSH. We also had the police present. John mingled well with the people drinking their tea and coffee answering their questions and queries. Many thanks to everybody who came and supported us so generously. On Wednesday 6th December we will be supporting St Lawrence Church with our Christmas Coffee Morning. On sale there will be Christmas logs, cakes, pudding and other Christmas fare. We look forward to seeing you between 10.30 and noon in the Memorial Hall.

We do not hold coffee mornings in January but finally to say a huge thank you to everyone who supports us so loyally and generously each Month. We will be holding just a Coffee Morning on Wednesday 6th February 2024 (No Stalls). We will meet at 11am for biscuits, cake and a natter before we start our New Year supporting local charities again.

Enjoy the festive season.

Jean, Yvonne & the team.

BIGBURY LADIES

For our September gathering seven of us went to the Ringfeeder Cafe just past California Cross. Many thanks to Jean and Gill who gave lifts to Rose, Hazel, Mo and myself. It was lovely that Chrissie managed to join us as well. Our congratulations to Rita on her and Michael's Diamond Wedding Anniversary. We were glad to learn that Jane is feeling a lot better after having a few months suffering with pain.

In November nine of us went to Otter Nurseries in Brixton. Rita, Jean and Beth kindly drove other members. We met for coffee in their restaurant and had a good chat. We chose lunch from an excellent menu at reasonable prices and carried on chatting! The main topic of conversation being our Christmas celebration on December 12th at The Cottage Hotel in Hope Cove. Rita brought copies of the Christmas menu for us to choose from. We had a wander around the shop, making purchases of plants and bulbs. The Christmas decorations area was beautiful and we bought several lovely things. Our next meeting is at 11am on 18th January at Bigbury Golf Club. Feel free to join us. Merry Christmas and a Bright New Year to the editor, the helpers and all the readers of Bigbury & Ringmore News.
Pam Trundle

BIGBURY HISTORY SOCIETY



On the evening of 19th October, 34 locals attended a fascinating illustrated presentation by Liz Hext (Chair of Kingsbridge Estuary U3A).

She described the importance of this often forgotten industry, with many examples from the South Hams of over 350 kilns in Devon, including Dukes Mill and Burgh Island in Bigbury.

Essentially the application of Calcium for mortar and soil improvement the kilns required around 4 tons of coal (from South Wales) burnt at 900 degrees C - to convert about 15 tons of broken limestone (Calcium Carbonate from Plymouth and Torbay) to 1 ton of lime (Calcium Oxide).

Liz explained that the coal and limestone was transported by sea and up-river by barge, and described the arduous and very dangerous work involved. Naturally this led to many questions.

Peter Cook



The Ringmore Historical Society was founded in 1984 by a group of residents keen to research and record the history of the village.

The society holds monthly meetings during the winter months on the 3rd Wednesday of the month. Over the years the society has gathered a large archive of documents and photographs. The aim of this site is to make the history of Ringmore more accessible to those who have an interest in the village and local area.

We have a series of interesting talks that shine a light on various aspects of local history. All are welcome so please come along starting in January 2024. 7.30 PM Ringmore WI Hall

- | | |
|---------------|---|
| 17th January | Linda Byrnes - Shackleton's Endurance found beneath the Ice |
| 21st February | Jan Davies - Bigbury Women - a history |
| 20th March | Mervin Stone - Life & Times of Kingston Fire Station |
| 17th April | Fascinating facts of the historical buildings of Ringmore |

Eamonn Byrnes

RINGMORE PARISH ROOM

Ringmore Parish Room is a great space available to rent for one off or regular activities. The large room is suitable for many uses, is well equipped with a kitchen and toilets. There is an active tennis section that meets each Tuesday 7.30 -9.30 pm if you are interested in trying for the first time or have played before please come along! For more information about renting the room please contact Eamonn Byrnes on 07790485102 or eamonn.byrnes@gmail.com

PERSONAL TRAINING WITH

CHARLIE

MOVE BETTER-FEEL AWESOME

- STRENGTH GAINS
- FAT LOSS
- INCREASED ENERGY
- DELAYED AGING
- FIGHT DISEASE
- BOOSTED CONFIDENCE
- AWESOME SLEEP
- BETTER SEXY TIME
- IMPROVED MENTAL HEALTH



"QUALITY MOVEMENT COMES WITH SO MANY BENEFITS. MY AIM IS TO PROVIDE ACCESS TO THEM IN A FUN, FRIENDLY AND CARING MANNER."

Talk to me
07834393826
charliecusty@gmail.com

IN OUR PRIVATE GYM IN
CHALLABOROUGH



Coastal Garden Services

Tree Surgery & Landscape Management

Contact: Andy Walker on 07793 056898

- Tree and shrub work
- Grass and hedge cutting
- Fencing and planting

Working in the South Hams for over 10 years

Fully insured to £5million NPTC & RHS qualified

www.coastalgardenservices.co.uk

APPLE PRESSING DAY

The Apple Pressing day went ahead as planned on Saturday 21st October. Despite awful weather predictions for the day, we set-up at The Barn in Ringmore and managed to run the entire 3 hours without a drop of rain.

Attendance was good, with a core of volunteers who attended both of the picking days in September & October providing support on the day.

The Ringmore Orchard provided ample fruit from the 2023 harvest, which could be described as "Bumper", testament to the pruning activity undertaken in March by the "Orchard Volunteer Crew". In all we produced well over 180 litres of juice – either for fresh apple juice which was collected by members of the community or for Cider production which will be produced over time as fermentations complete.

The Ringmore Orchard is a community resource and it's good to have a number of the community supporting this asset. Many thanks to all who have given their time and support throughout the year. We look now toward 2024....

Jonno Butt



RINGMORE BOOK EXCHANGE

Some of you may remember that I set up the Book Exchange in 2020 at the beginning of the pandemic when the mobile library was temporarily withdrawn.

As you may know there is to be a permanent withdrawal as from February. The Book Exchange may be useful to you but some may not realise its existence! It is situated within the church at Ringmore on a very nice trolley! We are obviously limited for space but it does carry a good selection of novels of every genre, fiction and non-fiction and is available to all, seven day a week. We have a reasonably good turnover so please feel free to take a book and when returning it perhaps add one or two more that are superfluous to your bookshelves.

Happy reading!

Chrissie Wright



SOUND & VISION 9

This annual event will be on the last Friday in January, in the Parish Room Ringmore, i.e. 26th January 2024. The programme is still in the planning stage. As many of you know I photograph the wildlife locally, most of which people hardly notice, so some of the evening will include minibeasts and larger wildlife.

There will also be many local events, for example, writing in the sand, the first use of Ringmore's night landing site for the Devon Air Ambulance and the Coronation Tea Party in Ringmore. All of the evening is made up of relatively short Audio Visuals (AV's) made from individual images, video or both with an appropriate sound recording.

My favourite so far, is a Blackbird singing on the Boundary Stone at Ayrmer Cove, with only sound of the singing, sheep, the odd buzzing insect, a bit of wind noise and of course the sea. Look out for detailed posters nearer the time. I will also include the AV seen by some – 2 Hours in Bigbury.

People often comment that I must have a good camera, I tell them that I do have a few lenses, but my cameras are old and not top of the range, in fact I now use my Android phone for certain shots, and all videos. The Samsung Galaxy phone is also a few years old, but I chose it for its camera. There are pictures and videos taken with it, that I could not take with my main camera equipment, including the Blackbird singing.

I look forward to presenting a very varied evening at this event.

Mike Wynne-Powell

What's On

4 December

Tearfund Lunch

WI Hall, Ringmore 12.00 - 2pm

6 December

Bigbury Coffee Morning

The Memorial Hall 10.30 - 12.00

7 December

A Royal History Quiz

The Memorial Hall 7pm

9 December

WI Christmas Bazaar

WI Hall, Ringmore 10.00 - 12.30

15 December

Bubble Tasting Evening

The Memorial Hall 7pm

17 December

Carol Service

St Lawrence's Church 11am

22 December

Candle-lit Carol Service

All Hallows Church 6pm

24 December

Carols on the Green

Bigbury Green 6.30pm

24 December

Communion Service

St Lawrence's Church 10pm

25 December

Service timetable on page 13

8 January

Tearfund Lunch

WI Hall, Ringmore 12.00 - 2pm

12 January

Bigbury Quiz Night

The Memorial Hall 7pm

13 January

Free Trees (see page 23)

South Brent 10am onwards

17 January

Shackleton's Endurance

WI Hall, Ringmore 7.30pm

26 January

Sound & Vision 9

Ringmore Parish Room 7pm



Ringmore W.I. Celebrating 100 Years in 2024

Ringmore W.I. 2024 Calendar of Events

January 11th 3-5pm

'A Tiny Bit of Tribal' (Bellydancing)

February 8th 3-5pm

Portrait Drawing for Dummies

March 14th 3-5pm 'An

Introduction to Colour Analysis' by a Colour Consultant for Colour Me Beautiful

April 11th

Scarecrow Building Workshop for all the family



May 9th AGM Cheese & Wine

May 26-27th Open Gardens

June 13th Adult Sports Day

July 11th Some-Body and a Path to Truth by Forensic Pathologist

August No Meeting

September 12th The Story of

Dartmoor Zoo



October Group Meeting

November 14th Christmas Decoration Making

December 7th Christmas Fayre

December 11th Christmas Dinner

We welcome new members from Bigbury, St Ann's Chapel and Kingston

For more information contact Jackie 810520



BIGBURY & RINGMORE NEWS ADVERTISING RATES 2024

Local, Independent, A4 Community Magazine
Six issues per year
700 magazines published and delivered to all households in Bigbury and Ringmore parishes.
Contact: bigburynewseditor@gmail.com

6cm x 4.5cm £60 per year or £12 per issue	6cm x 9cm £120 per year or £25 per issue	12cm x 9cm £240 per year or £50 per issue
9cm x 27cm £300 per year or £75 per issue	12cm x 18cm £360 per year or £100 per issue	Full Page £600 per year or £150 per issue



A ROYAL CHRISTMAS HISTORY QUIZ

All about Charles, Charlottes and Carols in Music, Art and Literature, History Film, The Sciences, & Sport

BIGBURY MEMORIAL HALL
THURSDAY 7th DECEMBER 7 p.m.
BYO drink & nibbles
Entry £3

NOTICE BOARD

CHRISTMAS CAROLS ON THE GREEN

CHRISTMAS EVE, 6.30 PM
BIGBURY GREEN

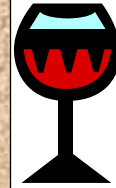


YOU ARE INVITED

Traditional carols, mulled wine & mince pies
Christmas twinkle lights

FRIENDS, NEIGHBOURS, HOLIDAY MAKERS
WELCOME
in good voice and good heart!
More musicians invited - contact 01548 810991

BIGBURY QUIZ NIGHT 2023



We'll supply the questions and a bottle of wine per table of 6 people; you provide the glasses, brain power and any extra drink required.

Bigbury Memorial Hall

7.00 pm Friday 12th January 2023

Tickets £5 from Holywell Stores or
Tel. 810023



Christmas Bubbles Tasting

Friday December 15th @ 7 pm
Bigbury Memorial Hall

Blind tasting of 6 different bubbles!
Including some delicious nibbles
All Welcome for a fun evening.

Tickets £15 from
Angie. 811131, Janie. 811122,
Trish. 810053, Dane. 07563110009 &
Hilary. 07746072749.

Sound & Vision 9

Photography
by
Mike Wynne-Powell


Friday 26th January 2024

Ringmore Parish Room doors open 7.00 pm
7.30 pm start

Entrance £5 min donation



towards All Hallows Church funds
to include a glass of wine & nibbles



Ringmore Historical Society

The story of Shackleton's Endurance The Ship beneath the Ice

presented by Linda Byrnes

Wednesday 17th January 2024
Ringmore WI Hall 7.30pm
All Welcome
Members £1 - Non Members £5

TEAR FUND LUNCHES

Monday 4th December 2023
Monday 8th January 2024
Monday 5th February 2024
Monday 4th March 2024

All 12.00 to 2.00 pm
Ringmore WI Hall


Come and enjoy delicious home-made soup and bread, followed by fruit crumble with ice cream, tea or coffee.

All donations go to Tearfund, a Christian charity working directly with local churches in third world countries.



W.I. Christmas Bazaar

Saturday 9th December
W.I. Hall, Ringmore
10.00 am to 12.30 pm
Christmas cakes and puddings
Seasonal decorations and gifts
Mulled wine and mince pies



Ringmore Historical Society

BIGBURY WOMEN ~ A HISTORY ~

A talk
by
Jan Davies

Wednesday 21st February
Ringmore WI Hall 7.30pm
All Welcome
Members £1 - Non Members £5



St Lawrence's

CHURCH NEWS

Last December I commented how the bells were expected back at the church by Christmas, so it is hugely frustrating for the project team, and all of you who have so generously supported the restoration work, to find the bells are still absent twelve months on, delayed beyond our control. Nicholson's have now given a timetable to reinstall the framework and bells in the month of January – all our prayers are needed for this 'end in sight' to come to fruition!



The end of September saw St Lawrence host a fabulous concert by violinist Thomas Bowes playing Paganini's very tricky caprices, accompanied by Sam Freegard's detailed narration of the life of the man behind the compositions. It was a joy to hear two such talented performers in our local church, enthusiastically received by fifty-four people from a broad area, plus raising £514 for church funds – thank you all!



On the following weekend, after a lovely Harvest Festival in the church, Jean Wright organised Harvest Lunch in the Memorial Hall, with over forty people enjoying her delicious and substantial meal, ably served by Cathy Harrington and Mo Richter. £504 was raised for the church – bravo Jean, and many thanks as ever for your tremendous work!



It was St Lawrence's turn to host the traditional Remembrance Sunday service for the three parishes of Bigbury, Ringmore and Kingston on 12th November, with a good turnout, despite the weather preventing laying the wreath outside at the war memorial immediately at the end of the service. St Lawrence is now equipped with a digital donation system for use at services and visitors at other times which, as the use of cash has declined since covid, is hoped will help people kindly continue to donate via bank cards. The machine allows donors to choose whatever level of donation suits best.

The Community Coffee Morning, last of the year, is set for Wednesday 6th December at the Memorial Hall, from 10.30 to noon, in aid of St Lawrence – all are most welcome at this very convivial event.

On December 17th curate Oli Long will lead the Carol Service at St Lawrence at 11 a.m. and our vicar Matt Rowland will hold a communion service starting at 10 p.m. on Christmas Eve. A Christmas Day Praise service with reader Joyce Howitt will be at 10.30 a.m. Everyone is very welcome at any and all of these services, with further information on all Mission church services at www.modburyteam.org – we look forward to sharing the joy of Christmas with you.

St Lawrence is open during daylight hours, do explore its peace and history. Please contact Bryan Carson, churchwarden, (810296) or us with any queries, or help and ideas to offer, and take care!

Vic & Jill Gubbins 810651 gubbinsjill@gmail.com
www.bigburynews.com/church



All Hallows

CHURCH NEWS

CHRISTMAS SERVICES

Our Christmas Carol service will be held on Friday, 22nd December at 6:00pm. The candle-lit service will be led by our vicar, Matt Rowland and a choir of singers from both Ringmore and Modbury will be taking part - they have been rehearsing since early November. After the service mulled wine and mince pies will be served. The carol service is always a happy occasion in the run up towards Christmas Day and it would be great if we can fill All Hallows - families, friends and non-regular church goers will be particularly welcomed. We will not have a service on Sunday, 24th December but there will be a Communion Service at 9:30am on Christmas Day led again by Matt.

THE LADY CHAPEL

The Deanery Advisory Committee and the Archdeacon have approved our plans for the re-roofing of the Lady Chapel in a like-for-like manner. There are several conditions which will need to be followed, with the Architect taking a close interest in the work. The contractor, Exeter Roofing, will put up sheeting to prevent the inevitable dust and debris getting into the main body of the church and the works are expected to take several weeks. As of early November no start date has been agreed - it would be good to get the works completed this year but don't hold your breath!

PHOTOS TO DOCUMENT THE REPAIR WORK ON THE LADY CHAPEL ROOF AS IT PROGRESSES - START POINT



MICHAEL TAGENT



After over 50 years as a Lay Reader, Michael has decided that it is time to get some rest and has asked that his License to officiate at services be cancelled at the end of this year. Michael will be leading our Sunday Worship service at All Hallows at 9:30am on 10th December. On Sunday, 31st December there will be no service at All Hallows but a combined Modbury Community service at Kingston Church at 10:30am. This will be an opportunity for the five churches to formally thank Michael for his great contribution as a Lay Reader.

A BIG THANK YOU

Thank you to all our flower arrangers who made the church look so good for our Harvest Festival service in October and to all who contributed gifts which were taken to the Kingsbridge food bank. And a very big thank you to Sally and her great band of helpers for organising the lunch after the service in the Parish room. We originally thought we may get 35 people attending, in the end we had over 60, so although space was quite tight it was a joyful event. Thank you to all who were there for your support.

PCC MEETING

The next PCC meeting will be at Shearwater on Monday, 15th January at 2:00pm.

PRAYER CHAIN

From time to time, most of us feel the need for prayer (whether or not we go to church). If anyone has a prayer request, they can phone one of the numbers below and give details of the request (as much or as little detail as they wish). That person will then phone the next person on the list and so on - ensuring at least ten people are praying. These will be:

Sally Errett 714946
Heather Hinkley 714631
Debbie Moseley 07570 804796
Mary Naylor 07792 538138
Rosemary Piercy 07562 231617
Gill Tomlinson 810028
Yvonne Turpin 810798
Mary Wilson 830280
Rosemary Wilson 810211
Alison Wynne-Powell 810407

NEED LOCAL STORAGE?



BSS

BIGBURY SELF STORAGE

Stuart & Hazel Marshall
HIGHER EASTON FARM
Bigbury
TQ7 4HQ

bigburyselfstorage@gmail.com
07515 994542 / 07970 526048

Grade A Storage Containers ~ Anti-Condensate Lining ~ Easy Access

Customer Parking ~ Secure ~ Owners On Site

Sailing ahead.

For customers who expect more
from their estate agent.



SOUTH HAMS'
LEADING
ESTATE AGENT

Marchand  Petit
ESTATE AGENTS

marchandpetit.co.uk

DARTMOUTH
01803 839190

KINGSBRIDGE
01548 857588

MODBURY
01548 831163

NEWTON FERRERS
01752 873311

SALCOMBE
01548 844473

TOTNES
01803 847979

LETTINGS
01548 855599

PRIME WATERFRONT
& COUNTRY HOUSE
01548 855590

Modbury Mission Community

CHURCH SERVICES: DECEMBER 2023 AND JANUARY 2024

	Aveton Gifford 11.00 am	Bigbury 11.00 am	Kingston 9.30 am	Modbury 9.30 am	Ringmore 9.30 am
December 3 rd	Sunday Worship	Communion	Sunday Worship	Communion	Communion
December 10 th	Sunday Worship	Baptism (followed by short Communion)	Sunday Worship	Communion (BCP) (8 am) All Age Service	Sunday Worship
December 17 th	All Age Carol Service (4 pm)	Carol Service	Communion (11 am)	Carol Service (6.30 pm)	Sunday Worship
Christmas Eve	Communion	Christmas Communion (10 pm)		Family Nativity (4 pm) Communion (11.30 pm)	
Christmas Day	Christmas Communion	Christmas Praise (10.30 am)	Christmas Communion (10 am)	Christmas Praise (10 am)	Christmas Communion
December 31 st			Team Communion (10.30 am)		
January 7 th	Sunday Worship	Village Service	Sunday Worship	Communion	Sunday Worship
January 14 th	Sunday Worship	Communion	Sunday Worship	Communion (BCP) (8 am) All Age Service	Communion
January 21 st	Village Service	Sunday Worship	Communion (11 am)	Communion	Sunday Worship
January 28 th	Communion	Sunday Worship	Sunday Worship	Sunday Worship	Sunday Worship

GOD SPEAKS

I write this on a day that my children did not go to school due to strong winds and rain. I would not be a proper British man if I did not mention the weather frequently. There was a season in my life when I would have excitedly headed out into the storm to windsurf on a day like today, excited for the power of the wind and waves, looking for huge jumps and fast turns. I find the weather and the waves amazing. As I stood on Challaborough beach early this morning, the sea was angry, roiling and boiling, bursting onto the rocks flinging spray and foam across the bay. It roared and misbehaved, slopping onto the road leaving flotsam and sand.

The raw power of the ocean must be respected despite the mainstream media's bewildering naming and personifying attempts to make it a scapegoat. There is a humility from us that the sea demands. The poet Wendell Berry writes; *'the dark of the sea is perfect and strange, the absence of any place, immensity on the loose.'* ("The Farmer and the Sea" in *The Peace of Wild Things*).

For all its wonder, mystery and power the sea still knows the voice of its Maker. The Maker whose voice uttered serenity as He and his disciples were nearly overcome by a storm as they sailed (Mark 4:35-41). This particular episode ends with the disciples terrified asking one another 'who is this!?' Or rather *'what kind of man is this!?' (v41)* He is the one with more power in his voice than even the wind and the waves: *'The voice of the Lord is over the waters; the God of glory thunders, the Lord thunders over the mighty waters. The voice of the Lord is majestic.'* (Psalm 29:3-4)



Revd Oli Long

For those he loves, he utters peace over all that is uncontrollable and chaotic, threatens destruction and overwhelms. He desires to speak to you if you are willing to listen?

Vicar: The Revd Matt Rowland (830260: every day except (normally) Saturday)

Curate: The Revd Oli Long (732007: not Saturday)

Readers: Joyce Howitt (07929 117397), Gil Snook (07563 663410)

Website: www.modburyteam.org

Beach Banter



BURGH ISLAND ARTIST EXPERIENCES

A day with Island Artist – Emma Carter Bromfield. Suitable for all abilities and tailored to bring out your creative juices. Emma will not only help you create a wonderful work of art to take home but will also keep you entertained with stories of her 43-year span of island life, island legends, and life as an artist.

Small Group Workshops:

14th December 2023

12th February 2024

11th March 2024

8th April 2024

Prices

All 2023 dates are £120 per person

All 2024 dates are £130 per person

Includes coffee, all materials and lunch.

To book your place email reception@burghisland.com



PILCHARD INN

— BURGH ISLAND —

1336

QUENCHING THE ISLAND'S THIRST FOR OVER 700 YEARS

Closed Monday & Tuesday

Opening times for Wednesday – Sunday below:

The bar is open between 10:30am – 10pm

Lunch is served between 12pm – 4pm

Dinner is served between 6:30pm – 10pm

(bookings essential for food, 24 hour notice required)



BURGH ISLAND GIN

This carefully curated bespoke London dry gin is infused with delightful citrus notes. It is blended beautifully using 17 different botanicals including Rosa Rugosa and Gorse stemming from our very own tidal island. Our gin is available from:

<https://www.northpointdistillery.com/burgh-island-gin>

THE SEA TRACTOR

You may be lucky enough to take a ride on the third generation hydraulic Sea Tractor, the only one in the world. Designed in 1969 by Robert Jackson CBE (a pioneer of the nuclear power station programme in the '50s) in exchange for a case of champagne and costing £9,000 to build, the Sea Tractor is an historic icon. Recently renovated to her freshly minted state, she is the best way to arrive through the surf to the Burgh Island Hotel. Members of the public can join in the ride and the fare is £2.00 each way.

Please note that in adverse weather conditions the Sea Tractor cannot always operate.



Pets welcome!

T: 01548 810514

Pilchard Inn, Burgh Island, TQ7 4BG

Beach Banter is sponsored by Burgh Island Hotel and Discovery Surf. Thank you.

Beach Banter



Discovery Surf School



Bigbury Coastguard
Rescue Team



BIGBURY-ON-SEA CAR PARK
contact-less payment code: 3476

www.discoverysurf.com



As we draw to the end of another year we can reflect on another brilliant season here at Discovery.

It's been a super busy one with thousands of new and returning customers enjoying beautiful Bigbury on-Sea on the water. School children enjoying their activity weeks, local children honing their skills at surf club, tourists from far and wide having a taste of surfing for the first time, language students learning surfing as well as English and returning families coming back to surf together. We love the diversity of everyone that comes to the surf school, and with our fabulous team there's always such a vibrant atmosphere.

We're currently running the last of our Surf Club courses of the season, we've had hundreds of local children joining us weekly throughout the year, and now it's a bit quieter and certainly a lot colder! The Surf School is open on weekends, and we've got equipment available for hire including winter wetsuits and all the accessories to keep you warm in the water.



The lifeguard service has finished for the year so it is important that you assess the conditions before you plan to go in the sea and only go in if the surf is right for your skill level. There are so many variables to consider and you don't want to put yourself at risk. We're happy to offer advice and when we are around we can point you in the right direction and advise if we think that conditions are unsuitable.

The Surf School will be closed from the 10th of December and we'll be re-opening again in time for February half term ready for another year. With Christmas just around the corner why not gift someone the opportunity to learn to surf or improve their skills with a Gift Voucher. We have a variety of vouchers available on our website <https://discoverysurf.com/pages/gift-vouchers> and they are emailed directly to you, so even if you leave it to the last minute you can get that gift sorted! We also have merchandise, including hoodies, beanies and towel robes available to purchase and you can pick them up from the surf school or we can deliver.


Wishing everyone a happy Christmas and new year full of stoke!

All the best,
Annika, Martin, Jess and the Discovery team

Photo credits: Discovery Surf



Pepe



Garden swings • Rockers & recliners
Benches • Tables & chairs

Find us in Zone A, stand number OA27
Unit 9, Halwell Business Park, Totnes, Devon TQ9 7LQ



Trustpilot



Tel: 01803 229980

| www.pepegarden.co.uk



Luscombe Maye

Since 1873

We offer a **bespoke** and **personal** marketing strategy for your home.

For a free and confidential, no obligation market appraisal,
please call or email us now.



Modbury 01548 830831

modbury@luscombemaye.com

Linnet Workshops



I'm Grace Coombes, a Devon based artist and I run Linnet Workshops which offers a range of inspiring creative sessions with a focus on block printing.

The block printing process involves creating a design, transferring it onto a lino block and then carving the block by hand using specialist tools, finally the block can be inked up and printed onto paper or fabric. It's a very addictive craft and many of my participants comment on how relaxing and therapeutic it is for the mind.



My main motivation for running creative workshops is to share my passion for block printing and the pure joy of making something by hand. Often our lives are extremely busy, chaotic and demanding so taking the opportunity to slow down, quietly focus and create is extremely rewarding and gratifying.



Most of my workshops are designed for complete beginners and provide a great opportunity to try your hand at an accessible, rewarding and relaxing printmaking method. I have carefully developed my courses to make sure that attendees get to learn the whole process from start to finish, gain confidence in their own creativity and go home with a sense of achievement and hopefully inspired to do more.

With a background in illustration and a love for printmaking, I hatched the idea of Linnet Workshops back in 2019 and ran a few Christmas workshops to test the waters. I was 6 months pregnant at the time so I knew that before long my creative venture would be going on hold. For obvious reasons 2020/ 2021 wasn't a good time to be offering in-person workshops but once the Covid restrictions eased and my son was reaching toddlerhood I started running a wider range of creative sessions and absolutely loved it!



I now run regular workshops across South Devon, working with wonderful local venues such as Mothecombe Gardens, Heron Valley Orchards and Shilstone House to name just a few. Many of my sessions draw inspiration from botanicals, seasonal changes and the Devon coast and moorland. Alongside my scheduled workshops I also offer private bookings for special events, crafty hen parties, work and team sessions and children's workshops. Please get in touch with any enquires for private bookings by emailing linnetworkshops@gmail.com. You can visit my website www.linnetworkshops.co.uk to view all of my upcoming sessions.

Grace Coombes | Linnet Workshops
linnetworkshops@gmail.com
www.linnetworkshops.co.uk
[@linnet.workshops](https://www.instagram.com/linnet.workshops)

Linnet Workshop coming your way at Bigbury Memorial Hall in the Spring

Grace is a hugely talented and inspirational teacher, she has oodles of creative ideas and is incredibly patient. I know this first hand, as I've been to a number of her workshops, they are soooooo immersive and addictive.

If you would be interested in attending a half day block printing workshop in Bigbury Memorial Hall in the Spring, please let me know and I will arrange this with Grace.

Numbers will be limited to 15, and the cost is £38.00 to include materials. so please register your interest with me, **Nancy Singleton** via bigburynewseditor@gmail.com

Friends Make the Difference

The Friends of St. Lawrence's (FOSL) have been busy during 2023 with some important projects for St. Lawrence's such as fully embedding the new sound system, purchasing stanchions to protectively surround the historical brasses and perhaps most significantly installing much needed modern lighting for the Church.



The addition of this PA system control box with its two roving microphones makes a big difference to Church services and events. In addition, there are adjustable microphones at the Pulpit and the Lectern. The system can take inputs from the internet or the Hymnal Machine which can play a wide range of hymns and incidental music at adjustable tempo and pitch. The latter takes advantage of the fantastic acoustics in the Church - and can be used if no organist is available, or by pre-booked requests by Diamond Members.



The picture shows the new stanchions provided to protect the famous fifteenth century "Bigbury Brass", which are believed to have been desecrated by Puritans before or during the Civil War. Full details on these can be found in the History of St Lawrence Book Chapter 4. Residing nearby the Brass (and described in the book) are the Elizabethan Memorial Epitaph and Village Stocks, together with the early seventeenth century Stuart Coat of Arms.



This picture shows Mike and Brian Jarvis fitting the new lighting system. The new environmentally-friendly lighting will enable us to reduce the Church's electric lighting costs by over 90%; and by using top quality products with long-life LEDs, we will also be reducing replacement and maintenance charges. This gives us more effective lighting options for the Church to highlight areas such as the altar, pulpit and roof bosses. Separate control of the up and down spotlights permits various permutations of the lighting, so we can choose our favourite combinations! See below for the before/after impact of this new lighting system.

Lighting Up St. Lawrence's



Recently Completed Projects

- Lighting system installation
- Wi-Fi & PA installation
- Stanchions to protect 15th century Bigbury Brass
- Contribution to the tower & bells restoration
- Dehumidifier and heater for the bell ringing chamber



Potential Upcoming Projects

- Provision of bell ringing equipment
- Decorating bell ringing chamber with historical images
- Tile floor refurbishment
- Redecorating Church porch
- Repainting armorial shields on pulpit
- New kitchen area

We Need YOU!



To accomplish the various projects that contribute to the heritage and beauty of St. Lawrence's Church, we need to raise circa £6000/year which means we need 100 Diamond Members. We currently have 58, so we are asking you to help us achieve 100 by either becoming a Friend (if you aren't already) or by encouraging someone you know to please join us! After all, becoming a Diamond Friend by giving just £5/month (£60/year) could be a great way to start your 2024.



Joining is easy by either completing the enclosed leaflet or by visiting the FOSL website at: www.FOSLBigbury.co.uk



All Diamond Members receive a keepsake book about the history of St Lawrence's, their very own number in the 100 Club draw and an invitation to our annual Diamond reception.



The ongoing contributions of our Diamond Friends is essential to helping raise vital funds to protect St Lawrence's & its amazing gems.

We appreciate any help you can give us in this drive for new members!

1 - 15th Century Nave Doorway
2 - First World War Memorial with named Local Combatants
3 - List of Rectors since 1274
4 - Tower Battlements
5 - Bellly with Peal of Six Bells
6 - Ringing Chamber with Minstrel's Balustrade
7 - Carved Medieval Granite Font
8 - Victorian Pews
9 - Display of Women's Institute Scrapbook
10 - Faced Stone Carvings (on Outer North Wall)
11 - Plaque with 11th Century Bicheberia Domesday Book Entry
12 - Plates with detail of 19th Century Church Refurbishment
13 - Upper Early Tudor Stained Glass with local Coats of Arms
14 - North West Window, 'Peace and War', St Francis and St George
15 - North East Window, Jesus's Followers, St Barnabas and St Dorcas
16 - Barrel-Vaulted Roof, with bosses depicting items of local interest
17 - Lady Chapel

Guide to the Gems of St Lawrence's Church, Bigbury

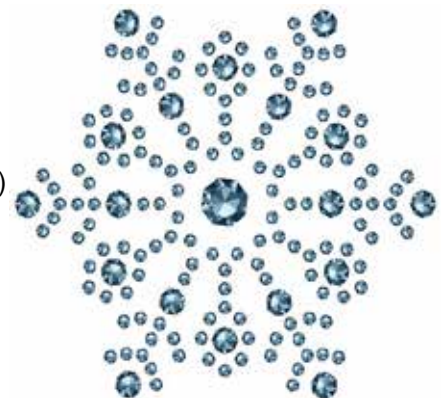
Ongoing support is vital to helping maintain these precious artefacts.

18 - HMS Bigbury Bay's Ship Bell and Crest
19 - British Legion Flag & Royal Navy Ensign
20 - Altar Window of The Crucifixion with Lamb of God insert
21 - Altar Furniture with Keroses
22 - Early Medieval Piscina and Sedilia Granite Carvings
23 - Chancel South East Window, 'The Annunciation'
24 - Chancel South West Window, 'Presentation of the Infant'
25 - Georgian Choir Stalls
26 - Carved Tudor Pulpit and Lectern
27 - Court Aisle Squint
28 - Elizabethan Stocks
29 - Steeple Weathercock
30 - Selection of Old 'King James' Bibles and Religious Publications
31 - Large Cast Iron Early Stuart Coat of Arms
32 - Unique Tudor 'Bigbury Brasses'
33 - The Peace Memorial
34 - 17th Century Collection Lists
35 - Miscellaneous Mifflin & Mariner Lists



Wishing you all a very Merry Christmas & a Happy New Year.

The FOSL Committee
 Hilary Vanstone
 Alice Taylor (Treasurer)
 Michael Poynter (Chairman)
 Joni Hawkes
 Gill Cook (Secretary)
 Peter Cook





The Shack Crew look forward to welcoming you for some cracking local seafood!

Please visit our website to book a table
www.oystershack.co.uk



HOLYWELL STORES



Holywell Stores & Post Office, St Ann's Chapel, Bigbury



We are taking orders for Christmas now.

OPENING HOURS

SHOP Mon to Sat: 7am - 7.30pm Sun: 8am - 5.30pm

POST OFFICE Mon to Fri: 9am - 5pm Sat: 9am - 1pm

Free car parking behind the shop Tel: 01548 810308
email: holywellstores@outlook.com www.holywellstores.com

Challon's Combe Farm



Local, organic, pasture-fed, yoghurt, milk & cream in glass (and plastic)

from Holywell Stores and other local shops, or delivered to your door.

01548 550044

challonscombeorganics@gmail.com

GREAT PRIDEAUX FARM

Local Organic Beef Boxes



Delivered to your door

Tel: 01752 872815 / 07973 427602

Email: j.sherrell@btinternet.com

Great Prideaux Farm
Membland, Newton Ferrers
PL8 1HP

Village Kitchen

Spice Up Your Sprouts!

It seems that no vegetable divides opinion more than the humble Brussels sprout. While so many of us love them, others hate them, which could be due to the specific gene TAS2R38, otherwise known as the 'Brussels sprouts gene' which regulates bitterness perception. Or it could be down to the way they're cooked. So fear not, this recipe is intended to help spice up this festive staple that we have a love, hate relationship with. Hopefully there'll be less hate and more love. All the ingredients for this festive recipe can be sourced from Holywell Stores, subject to availability. No excuses not to 'Spice Up Your Sprouts' and support a great local business at the same time!

Roasted Spicy Sprouts



Ingredients

400g Brussels sprouts
2 tbsps olive oil
salt and black pepper
40g grated Parmesan
Finely chopped root ginger
3 crushed garlic cloves
½ grated nutmeg
50g butter
10g chopped parsley
1 tbsps fresh lemon juice



Method

Preheat the oven to Gas 7 or 220C/200C Fan

Slice the sprouts in half and in a large bowl, stir them around with the olive oil, salt and pepper.

Place the sprouts, cut side down, on a tray lined with baking paper. Roast until soft underneath (10 - 15 mins).

Tip the sprouts back into the bowl and mix with the Parmesan, ginger, garlic, nutmeg and butter. Pour the sprouts back onto the tray and continue to roast until they look crisp and golden (another 10 mins).

Tip the sprouts into a heated serving dish, garnish with lemon juice and parsley, and serve hot.

Nancy Singleton

Mocktail Hour

For Dry January

(and Bigbury & Ringmore News editorial meetings)

Clean Co make a range of non-alcoholic botanical drinks, which are delicious! We recommend trying Clean G, an alcohol-free Gin. <https://clean.co>

50ml Clean G

1-3 tps Elderflower Cordial (optional but we like it)

150ml Indian tonic water

Slice of lime to garnish

2 tbsps frozen berries (or just ice if you prefer)

In a tall glass, pour a 50ml measure of Clean G over the frozen berries. Add the Elderflower Cordial, top with your tonic water of choice and garnish with lime.

Cheers!

Jan Davies & Nancy Singleton



Wildlife Watch



Photographs by Mike Wynne-Powell

Scarlet elfcups - *Sarcoscypha austriaca*, Cardinal Beetle - *Pyrochroa serraticornis*, Rove Beetle - *Paederus littoralis*
Turkey Tail Fungus, Crambidae Moth with red mites, Bloody nosed beetle - *Timarcha tenebricosa*
Great Green Bush Cricket - *Tettigonia viridissima*, Hoverfly Hornet mimic - *Volucella zonaria*
Silver washed Fritillary - *Argynnis paphia*, Male Marmalade Hoverfly - *Episyrphus balteatus*
Small Skipper Butterfly - *Thymelicus sylvestris*, Primula, 6 spot Burnet Moth - *Zygaena filipendulae*

FRUIT TREES

'Tis the season to be jolly, fala lalala...
'Tis also the season to plant fruit trees, when the roots are dormant as they are less easily disturbed by moving. Ideally, from mid-November to late March. If you don't have any fruit trees in your garden or you'd like to have more, look at these reasons why it's a great idea.

Beautiful Food Source



We've all admired the breathtaking beauty of spring blossoms but maybe not realised how important they are for providing nectar to hungry pollinators. Late winter /early spring sees blossom from cherry, plum and almond trees, which are vital food stations at the start of the year when nectar can be scarce.

Low maintenance

Perhaps you don't have the time (or inclination) to maintain a vegetable garden and if so, a fruit tree is for you. They just need an annual pruning and regular watering in order to reward you with gorgeous blossom and a crop of fruit.

Small, Medium or Large

Fruit trees are available in a wide range of sizes, depending on their rootstock. This gives you the flexibility to choose a fruit tree (or trees) that suit your space. You need to plan for the eventual size, bearing in mind where it will cast shade on other parts of the garden.



Wild Cherry

Here are some suggested fruit trees to plant in your garden:

Domestic apple (*Malus x domestica*)



There's a wide range of both dessert and cooking varieties to choose from, depending on what you want from your apples. Some need more than one tree so that they can cross-pollinate and set fruits. If you only have room for one, there are plenty of self-fertile varieties that don't need another tree.

Crab apple (*Malus sylvestris*)



The native crab apple produces a good crop and will attract wildlife to your garden. The leaves are food for the caterpillars of many moths and the flowers provide an important source of early pollen and nectar for insects, particularly bees. Birds, including blackbirds, thrushes and crows, and mammals eg mice, voles, foxes and badgers all feed on crab apple fruit.

The crab apple will thrive in sun or semi-shade and will tolerate most soil types.

Use your harvest of crab apples to make tart and tangy, jewel-coloured crab apple jelly.

Other fruit trees to consider are pear and plum varieties, Blackthorn (good for sloe gin) and Wild Cherry.

FREE TREES HUBS from Devon Wildlife Trust

Saturday 13 January 2024
From 10:00 till the trees are gone
Moor Trees, Old School Centre,
Totnes Rd, South Brent TQ10 9BP

"Devon's treescapes are stunning and crucial habitats for so much wildlife. But they are under threat from Ash Dieback which is estimated to kill at least 90% of Devon's ash trees in the coming years. It will affect everyone, but everyone can be part of the solution.

Do your bit by collecting a free tree to plant in your garden. You will be able to collect between 1-5 free trees along with protection and a free planting and aftercare guide. The trees will all be cell grown UK broadleaf species such as crab apple, wild cherry, rowan and birch. They will be 2-3 years old and so around 20-60cm in height and will need to be planted within a few days of collection. The hub will be there until trees run out so ensure you arrive early to not be disappointed!

Local volunteers and community groups run our free tree hubs in their own time, so please be patient and considerate. We apologise if all the trees have run out by the time you get there – we never know how popular a tree hub will be! We are very grateful to Sustainable South Brent for hosting this hub.



Saving Devon's Treescapes is led by Devon Wildlife Trust on behalf of the Devon Ash Dieback Resilience Forum. It's a partnership project supported by the National Lottery Heritage Fund, One Tree Planted as well as other funders.

Thank you also to the Woodland Trust for supplying the trees. Read more about the project and find other ways to get involved here: <https://www.devonwildlifetrust.org/what-we-do/our-projects/saving-devons-treescapes>"



LET IT OUT

www.let-it-out.co.uk



airbnb co-hosting

The flexible approach
to letting your holiday home

Email:

info@let-it-out.co.uk

Gail Critchlow
07889 628514

Liz Baker-James
07388 673228

CHAPMAN CONTRACTORS LTD

SEASONED LOGS

sold by dumpy bag, netted or bulk deliveries

NETTED KINDLING AVAILABLE
HOUSE COAL AND SMOKELESS NUGGETS

- TREE AND HEDGE CARE • LAWN MOWING
 - FENCING AND GARDEN WORK
 - FULLY INSURED • 17 YEARS EXPERIENCE
- TIMBER PROCESSOR, CHIPPER AND
KINDLING MACHINE FOR HIRE ON OR OFF SITE

CONTACT NEIL CHAPMAN
01548 810016/07718 722680



nkuku



Christmas at the nkuku Lifestyle Store & Café

Discover our collection of exquisite recycled glass baubles, stylish festive décor, and unique handcrafted home accessories for the perfect gift this year. Visit our café for warming wood-roasted coffee, delicious cakes and light lunches: a perfect way to spend the afternoon.

Enjoy £5 off* your purchase

Use code: **SAVE5**

*T&Cs: In store only (excludes café) Minimum spend £30. Single use (see voucher per customer). Offer ends Monday 20th December 2023.

Christmas Shopping Event with Wine & Cheese Tasting

Saturday 2nd December 9.30am - 6pm

Get into the festive spirit at the nkuku Lifestyle Store with our cheese & wine tasting, hosted by Sharpham Dairy and Sandridge Barton, the home of Sharpham Wine. Shop in style and enjoy live music, mince pies & mulled cider, and seasonal food and drink in our café.

Sandridge
Barton



Monday - Saturday 9:30am - 5pm | Sunday and Bank Holidays 10am - 4pm
Café closes one hour before the store | See online for Christmas opening hours



HOMEWARE • FURNITURE • LIGHTING • CAFÉ

Brockhill Barns, Harbertonford, Totnes, Devon TQ9 7PS | Tel: 01803 465365 | nkuku.com

SOUTH HAMS ELECTRICAL SUPPLIES

- SATELLITE & TV SERVICES
- Freeview Digital TV
- Freesat HD
- Aerial Installations
- Data/Telephone
- Aerial Repairs

Tel: 01548 559001

Mobile: 07773 325316

Colinjarvis.cj12@outlook.com
Springfield, Loddiswell, TQ7 4EL



THIS COW CAN DO THIS

- Adverts • Artwork • Banners • Branding
- Business Cards / Stationery
- Digital Art • Flyers • Invitations • Labels
- Leaflets • Logo Design • Menus • Posters
- Signs • T-Shirts... and more!

Find out what the moo can do for you!

☎ 07856 550 239

✉ devoncowone@gmail.com

📍 devoncow graphic design

Local History

BIGBURY SCHOOL BEGINNINGS

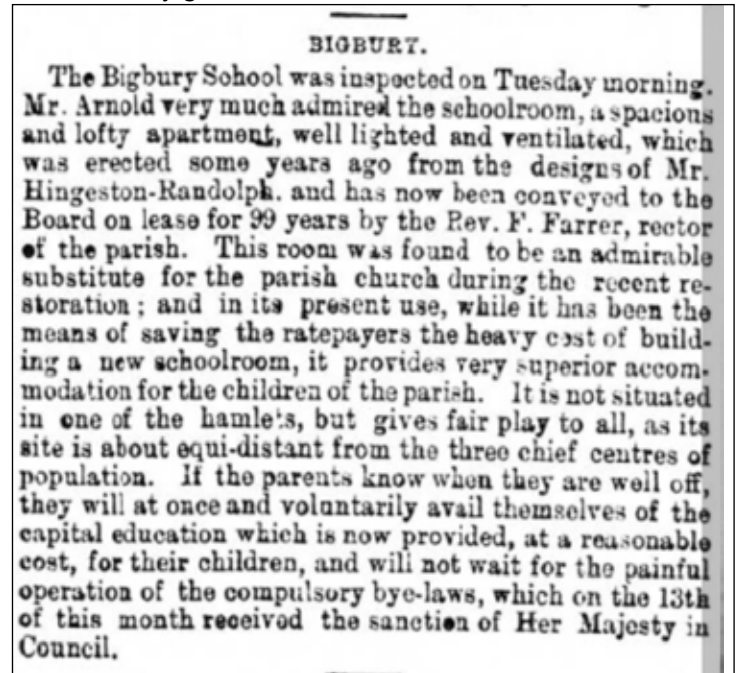
Bigbury School (now Long Easton) was originally a building erected for the community by Rev Frederic Farrar and became the village school in 1873. The Avon and Erme School Board (all male) was elected 'without a contest' and Harriet Meacey was appointed Mistress for Bigbury Infant School. The school opened at 9am on 7th July 1873 but Harriet Meacey was given 3 months notice as the Board had mistakenly appointed an untrained mistress. Children 3 - 5 years old could attend for free and those 5 - 7 years old paid 1 penny a week. In October, Mrs Mary Davis was appointed School Mistress of the Infant School at £15 per annum.

1874: The School Board agreed to pay women 30 shillings a year to clean the schools at Bigbury, Kingston & Ringmore. Some girls also swept Bigbury School daily at 3d per week - in 1875 they were Elizabeth Narramore, Susannah Brown and Betsy Randle.

In July 1874, Miss Jane Vibert became Mistress with Emily Randle as a Paid Monitress at two shillings and sixpence a quarter. Miss Vibert was provided with a furnished cottage by the Board at a rent of £5 per annum.

In November 1874, all parents in the parish were told that the school board intended to enforce school attendance for all children under 10 "one penny per week to be charged for all children belonging to the labouring classes up to the age of 11 and threepence per week for children above that age. Tradesmen's children should pay threepence per week from 3 to 7 years of age and sixpence per week from 7 to 13 and above. Farmer's children sixpence a week up to 7, ninepence up to 11 and one shilling a week above 11."

In January 1875, Miss Jane Vibert was called home on urgent family affairs and gave notice. In February, Miss Sarah Tudor was appointed at £45 per annum plus 1/3 of the government grant and a furnished cottage. Ada Steer was appointed as Monitress at £1 per annum including for supervising the daily cleaning. In May, Elizabeth Narramore became a Monitress at 2s 6d per quarter. The School Inspection generally gave a high opinion of the buildings, order and instruction. Miss Tudor was described as "Her manner is gentle and winning to children and the order in the school is very good."

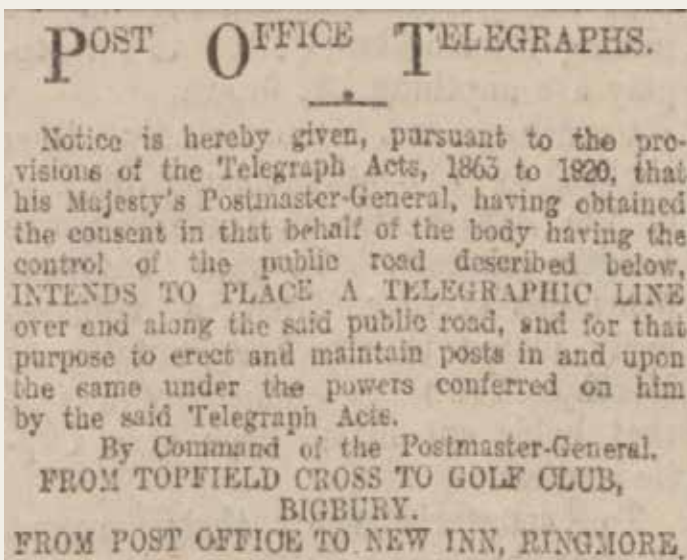


Royal Cornwall Gazette 19 June 1875

BIGBURY & RINGMORE NEWS

100, 200 & 300 years ago

Western Morning News January 1924



Parish Registers

Dec 1823 - Jan 1824 Bigbury

Baptised:

*Maria Heywood, daughter of Philip & Sarah Farley, Labourer
Nicholas Grant, son of Joseph & Margaret Sullock Of Damerell
Coombe, Carpenter*

Dec 1823 - Jan 1824 Ringmore

Baptised:

*John, son of John & Maria Hill, Carpenter
John, son of William & Grace Horswill of Bigbury, Labourer
Mary Anne, daughter of Thomas & Elizabeth Michamore, Labourer*

Buried:

*Mary Pridmore age 88
Grace Revel age 61*

Dec 1723 - Jan 1724 Bigbury

Buried: *Arthur Sullock*

Dec 1723 - Jan 1724 Ringmore

Baptised: *George, son of John & Elizabeth Stidstone*



ONE TO ONE AND SMALL GROUP SESSIONS

ALL EQUIPMENT (EXCEPT WETSUITS) PROVIDED

BKSA TUITION

COMPLETE BEGINNERS WELCOME

LEARN TO KITESURF AT BIGBURY-ON-SEA

Jamie is a BKSA Instructor delivering sessions that cater for all levels and abilities, from complete beginners to more advanced riders.

Scan the QR code to visit our website for further details or call Jamie on 07785 592781



Scan me!

Aune Conservation Association

As background, I am standing down as ACA Chairman by the end of 2023 after about 18 years in that role. Ros Brousson is in a similar position regarding her role as Secretary and Treasurer. However, nobody from the membership has volunteered to take over in any of these roles. Therefore, the ACA has reached a crossroad in its existence! This has all come at a time of rapid change in the external environment in which public awareness of the importance of water quality and associated biodiversity have risen enormously.

In order to capitalise on the knowledge and contacts built up over the 40 or so years for which the ACA has been in existence and avoid the waste involved in the organisation's dissolution, I am setting in train some important changes. These changes were sanctioned unanimously at an ACA Committee meeting on 21st September at which Louise Wainwright of Avon River Champions (info@avon-river-champions.org) was co-opted on to the committee. Subsequently, the changes were agreed by the wider ACA membership at a well-attended Extraordinary General Meeting on 26th October - in accord with our Governing Document. The changes will involve:-

1. a name change from Aune Conservation Association (ACA) to Avon River Champions or ARC - our objectives are identical but ARC is a sub-group of the broader South Hams River Champions coalition (CLEAN RIVERS - THRIVING WILDLIFE - SUSTAINABLE COMMUNITIES)
2. the use of existing monies in the two ACA bank accounts to support the newly-branded ARC.

Several other actions will follow automatically:

- the dissolution of the ACA committee and the formation of a new ARC Steering Group – Ros and I have both agreed to help with the transition;
- the incorporation of most of the information and research content on the ACA website onto the ARC website;
- a transfer of ACA participation in the SeaMoor Lottery to ARC;
- preservation of the current tax exempt, charitable status of the ACA along with the name change to ARC;
- an invitation to current ACA members to participate in the activities of ARC
- a change of logo to the following image.

Louise has already undertaken the energetic development of a network of River Guardians to conduct and coordinate the monitoring of water quality throughout the Devon Avon and to collaborate with similar programmes on other South Devon rivers. I wish them all well and shall do whatever I can to help With best wishes for the future.

Stuart Watts, ACA Chairman

FIONA'S FANCY FEET DANCE SCHOOL

Classes in Modbury every Thursday and Saturday in term time

WE ALSO OFFER MORE CLASSES IN KINGSBRIDGE, PLEASE GO TO OUR WEBSITE FOR MORE INFORMATION:

WWW.FIONASFANCYFEET.ORG.UK

Scan the QR code



CONTACT FIONA ON

07800883367

FIONASFANCYFEET@GMAIL.COM



Herb Heaven Devon
Herbal Teas from Seed To Cup

We practice low impact, sustainable and innovative farming. Providing fresh herb plants and cut herbs, as well as artisan products such as herbal teas that not only support health but taste delicious too.

The highest quality over volume is our mission. This is to provide not only a healthy living for us, a healthy product for our local and online community but a positive outcome for a healthier planet.

www.herbheavendevon.co.uk

Home Buddies

Premier Second Home Care

Thinking of letting your holiday home?

Free consultation service and letting advice

- Full changeovers • Laundry
- Property management and key holding • Maintenance and gardening
- Bespoke and flexible approach • Advice on which agents to use

We are a local family business with many clients in Bigbury On Sea and the surrounding areas. Please call Lesley for a friendly chat...

mobile: 07836 329188 or email: harwood247@hotmail.com

Business Matters

What a mixed bag of weather we've had recently! I do hope that you and your business managed to weather the recent storm Ciarán, a most unwelcome visitor for many. In this edition of Business Matters, we bring you news via the Heart of the South West Growth Hub, of funding opportunities to support our local Agricultural Enterprises.

Access Support and Funding for South Hams Agricultural Enterprises

At The Heart of the South West Growth Hub, we guide local businesses in Devon, Somerset, Plymouth, and Torbay toward beneficial schemes and funding opportunities.

South Hams District Council has successfully secured over £800,000 of Rural England Prosperity Funding to support local businesses and communities. This includes grant funding and support for agricultural businesses to adopt new technologies which have been trialled on their sites through the UKSPF Agri-Tech project.



 heart of the south west
Growth Hub



HM Government

Businesses will be referred to the scheme for capital grants of between £5,000 and £10,000 to adopt the technologies which have been trialled on their sites. Larger projects, which require greater funding than the scheme could provide, will be referred to the DEFRA scheme which offers grants of >£20,000 for the adoption of new products. Businesses who have not participated in the Agri-Tech Alliance Project are still welcome to apply, but applications from those businesses who have participated are likely to be looked upon more favourably.

For more details on the agri-tech grant and application process, visit the Agri-tech Grant pages at South Hams District Council www.southhams.gov.uk Our Farming and Food Resources Hub is a valuable source of information, encompassing guides, funding prospects, and project opportunities tailored for the farming and food Production sector. Discover a wealth of resources at: www.heartofswgrowthhub.co.uk We also encourage you to reach out to our Growth Hub team: contact us at www.heartofswgrowthhub.co.uk for additional support tailored to your business needs. Our services include free guides and advice with business planning and resilience. Don't miss this opportunity to innovate and grow your agricultural business with the support and funding designed for success.

Wishing all of our businesses a Merry Christmas and Healthy, Happy & Prosperous 2024.
Nancy Singleton, Business Editor

Avon River Champions



The Aune Conservation Association has been proactively involved in monitoring of the health of the River Avon for decades. Long before the recent surge in interest, as a result of the huge public outcry about sewage overflows into our rivers, ACA

members have been taking water samples, monitoring for invertebrates, raising concerns about the amount of water in the river to assist salmon runs and much more. We owe them a great debt of gratitude. Thank you.

Members of the ACA and in particular the former Chair, Stuart Watts, have dedicated much needed energy into understanding the needs of the wildlife which depends on healthy rivers and the balancing the demands of river users – anglers, swimmers and water sports users. It's been a significant task borne by a few able and generous volunteers. The ACA legacy is a rich resource of published scientific information on the natural history of the river, hydrology, sources of pollution and how community groups and relevant organisations have contributed to the solutions. The ACA has now decided to change its name to the Avon River Champions and has appointed a new Chair, Louise Wainwright. This initiative aims to reinvigorate the momentum of 'action for the River Avon' by teaming up with community groups along the full length of the River Avon – through what has been an informal group the emerging "Avon River Champions". We are now one body – The Avon River Champions.



Earlier in the year, the Avon River Champions met at Heron Valley to hear from Hannah Pearson from Friends of the Dart about their group's campaign to apply for Designated Bathing Water Status at four places on the River Dart. They achieved 9,000 signatories in support of this application which if successful will require the Environment Agency to monitor pollution in the River Dart on a weekly basis during the 'bathing season'. At the same meeting, Cllr Ann Turner, of Modbury Parish Council, explained how the parish councils along the full catchment of the River Erme are collaborating (in the same way as they have done in the River Yealm catchment) – to form the River Erme Water Quality Group. Parish Councils are now jointly funding equipment and activities needed by the community groups working on the Erme and Yealm. We would like to do the same for the Avon.

In October, Avon River Champions organised water quality training by Jack Middleton of the Westcountry Rivers Trust, to use the simple water quality testing kits from WRT. Twenty three trainees came from the Kingsbridge Salcombe Estuary, River Gara and the River Avon with roots in six

different parishes. The Woodland Trust sponsored many of the testing kits to enable their volunteers to participate in this citizen science investigation. This group also deliberated how best to coordinate our monitoring to obtain a holistic view of the issues affecting our water bodies.

It was decided to divide the River Avon into sections and appoint a local River Guardian to coordinate further training and the resulting data so that we would get a holistic picture of the issues along the full length of the rivers. Volunteers took on these roles for the River Gara, Kingsbridge Salcombe Estuary and sections of the River Avon – Upper Avon (Avon Dam to Avonwick – South Brent); Upper Middle Avon (Avonwick, to Loddiswell – Diptford, North Huish), Lower Middle Avon (Loddiswell) and the Lower Avon (Aveton Gifford, to the Sea – AG, Bigbury and Thurlestone). We do not yet have a volunteer River Guardian for the Loddiswell section. Please contact info@avon-river-champions.org if you would like to help in Loddiswell or want to be put in touch with the other River Guardians.

Avon River Champions will be offering parish councils in our catchment a presentation on the current status of the River Avon based on reports from the Environment Agency and the Rivers Trust Sewage Map. Avon River Champions are part of an informal network linking all catchment groups in South Hams – the South Devon River Champions www.south-devon-river-champions.org There is much work to be done and if you want to be kept informed – please check or website for opportunities to participate in future trainings or events. www.avon-river-champions.org

Louise Wainwright
Chair – Avon River Champions
info@avon-river-champions.org

Rivers South Hams	Ecological Status 2022 of water bodies within the Rivers in South Hams			
	POOR	MODERATE	GOOD	EXCELLENT
YEALM 5 water bodies	0	4	1	0
ERME 5 water bodies	1	3	1	0
AVON 7 water bodies	0	4	3	0
DART 23 water bodies	0	10	13	0
TOTAL waterbodies in each category in South Hams Rivers	1	21	18	0

Rivers in South Hams	South West Water Combined Sewer Overflows 2022 and reasons for pollution occurring.				
	Number Events	Total hours	On-going investigation	Hydraulic capacity	other
YEALM	456	4,450	4	2	2
ERME	471	5,629	2	5	2
AVON	347	1,926	2	1	2
KINGSBRIDGE SALCOMBE ESTUARY	360	2,415	0	3	2
DART	1,560	12,787	3	8	6
TOTAL	3,194	27,207	11	19	14



As the year draws to a close, it's a good time to reflect on the last 12 months and record the initiatives and aspirations of Bigbury Net Zero and the whole community that makes up Bigbury Parish. Many households, businesses and farms are quietly getting on with their own investments which

decarbonise their lifestyles, farming strategies and business operations. Bigbury News has been celebrating these individual 'environment champions' and all the 'small steps' which make up our greater collective journey to Net Zero. Everyone has a contribution to make and by letting other people know about this through the pages of our parish magazine, helps to encourage others to ask questions and follow their examples. Please contact the Editor, if you have something to share.

We have a long way to go, as the Impact Tool Parish Carbon Calculator researched by Exeter University, indicates that our household carbon footprint in Bigbury is almost three times the national average and twice the average in South Hams. The two main factors contributing to this are our reliance on oil-fired household heating and our lack of public transport or fast EV charging points. Bigbury Parish Council and the Bigbury Neighbourhood Planning Committee supported the application from Bigbury Golf Club to install a modest, discrete ground based solar array. We have yet to hear the outcome and anticipate the full support of our District Councillor, Bernard Taylor, in this endeavour. Holywell Stores have patiently navigated a tortuous path with the planning officers at National Grid over the last two years to progress two fast EV charging points in their carpark with the assistance of local resident investors. It is possible to get a connection to the grid and a full quote is awaited. It would be helpful to note what the local interest would be in this facility. Please contact info@bigburynetzero.org if you would like to lend your support as a user or an investor.

Bigbury Net Zero is grateful to Cllr Bernard Taylor (SHDC) and Cllr Rufus Gilbert (DCC) who have both donated funds to BNZ, and also Bigbury Parish Council for their continued financial support. It is important for BNZ to demonstrate the support it has from our community for its aims and objectives and we can achieve this and pay for our overheads and fund new projects if we have a resilient Membership base. Please visit our website to download the membership form or pick one up at the telephone box outside Holywell Stores (£10/yr for households and £100/yr for businesses). Each member will receive a hand-painted plaque for outside their home/business. www.bigburynetzero.org

The small operations team at BNZ would welcome more contributions from our community through the Community Time Bank. If you can offer just a few hours per month or per week using your practical skills – please get in touch. Could you help - organising new events, painting membership plaques, putting notices up, designing posters, making wooden selling stands for wild flower plants etc, making wooden signs, insect hotels, creating wildlife gardens for households, making bird boxes, organising

hedgehog streets, helping with conservation work (getting rid of Himalayan Balsam, planting trees, hedge-laying etc) collecting tree and wildflower seeds, growing on trees and flower seedlings from local seeds, administer our social media (FaceBook and Instagram), organise wildlife walks and talks, grant applications, project management, writing features in Bigbury News.... and more. We would love more people to be involved. You are warmly encouraged to join in.

Our latest initiative is to collaborate with the Founders and Directors of Carbon Savvy, Farm Carbon Toolkit and Go Climate Positive to devise and apply for funding to test the feasibility of a concept we are calling the Small Farm Carbon Offset Scheme. It involves working with the three sectors in our parish – Businesses, Farms and Households (both full time and part-time) – to encourage them to use the free carbon footprint calculators to explore what their footprint is now and identify possible ways to reduce them as far as possible. The only sector which will find it possible to reduce their carbon footprint to net zero (and below net zero) is the farming sector.

They do this by increasing the organic matter in their soils through regenerative farming techniques. For every 0.1% increase in organic matter – the soils sequester 9 tons of CO2 per hectare per year. This creates a locally produced 'carbon offset' which could be purchased by households and businesses which want to reach carbon neutrality by reducing their footprint as far as they can and offset the balance with local farm-produced offsets (at £50 per ton).

It is early days, but we are organising an awareness event on 4th December for businesses and farms at the Venus Café. Please contact info@bigburynetzero.org if you would like an invitation. We are grateful to Michael and Louisa Smith for sponsoring this event at the Venus Café. Mukti Mitchell (Carbon Savvy), Jonathan Smith (Farm Carbon Toolkit) and Eion McQuone (Go Climate Positive) will be there to outline the project and answer questions. This is a unique innovative programme in the UK and we are grateful to these organisations for their support.

Our 2023 programme saw the launch of several projects thanks to the inputs of enthusiasts, Jan Davies, Lynda Kelly, Trish Bagley, Nancy Singleton and Mike Wynne Powell - who developed the Map Project, Seed & Plant Swap and Wild about Bigbury and Ringmore. We are enriched by their contributions and the continued oversight of our Committee Members - Louise Wainwright (Chair), Lynda Kelly (Vice Chair), Jan Davies (Acting Secretary), Jonathan Marshall (Treasurer) and Farhana Yamin, Michael Smith, Tim Smith and Katy Smith. Thanks to all involved.

Thank you for your support during the year

Louise Wainwright
Chair – Bigbury Net Zero
info@bigburynetzero.org

West Country Stoves
 Contemporary & Traditional
 Wood, Multi Fuel, Pellet & Gas Stoves



- Advice
- Free Site Visits
- Installation
- Annual Servicing
- Chimney Sweeping
- Kiln Dried Logs

t: 01548 550400

e: sales@westcountrystoves.co.uk
 www.westcountrystoves.co.uk

AVAILABLE FOR
**Parties
 & private
 hire**

Est. 1958

VENUS



@TheVenusCompany
 01548 810141



Greetings from

BIGBURY ON SEA

Lower Car Park

GHR

GEORGE H.W. ROSEVEAR
 & COMPANY
 A DIVISION OF HOLBROOK ASSOCIATES

ACCOUNTANCY, TAXATION AND
 COMPANY SECRETARIAL SERVICES

01548 831427

3 MODBURY COURT, 32 CHURCH ST.,
 MODBURY, DEVON, PL21 0QR
 george@holbrookass.com

TRY OUR XMAS SPECIALS

PIGS IN BLANKET BAP: TURKEY, CRANBERRY
 AND STUFFING BAP

MULLED WINE

VEGAN XMAS BAP WITH STUFFING AND CRANBERRY

PLUS OUR AMAZING HOME MADE MINCE PIES
 AND CHRISTMAS CAKE

OPEN 9AM TO 4PM EVERY DAY
 (EXCEPT XMAS DAY)



BIGBURY PAINTERS & DECORATORS

- Residential ■ Commercial
- Interior ■ Exterior
- Trustworthy ■ Local
- Reliable ■ Reasonable Rates

CONTACT

Alvin Lawrence

M: 07709 867 275

T: 01548 810 479



ITOTILES

Design - Supply - Installation
 Of Ceramic and Porcelain
 Tiles for Walls and Floors

www.itotiles.co.uk

Trade prices on
 materials and discounts
 on tiles in Bigbury and
 surrounding area

Contact
 Nicky Leyland
 Kingston
 07875294696

Winter Hands



So.. winter hands is actually a thing! I would like to guide you through the winter with a few helpful tips into keeping your hands looking and feeling beautiful.

What are winter hands??

Exposure to external extremities such as wind and cold air can strip your hands of their natural oils leaving skin feeling chapped and sore.

This will also affect your cuticles and nails, sometimes causing flaking, splitting and damaging the skin around the edges of your nails.

According to the British Journal of Dermatology, our skin will lose up to 25% of its ability to hold moisture during the winter months!

Fortunately with a little bit of love this is very easily prevented. Prevention is always better than cure so start now with a simple routine.



1. Moisturise using a specific hand cream at least once a day but ideally before leaving the house and at night. Hand cream is different to body lotion as it is designed to penetrate tougher layers of your skin.

2. Oil your cuticles every night. This is really simple to fit into your life by leaving a good nail oil next to your bedside.

3. Avoid soaps and exchange this for a good quality gentle hand wash - washing up liquid is a no no! Wash with warm not hot water.

4. Consider gloves. Gloves are a really good way to protect your skin when heading out for a walk.

5. Apply protection...a nail protein (clear nail polish) is the ideal way to protect your nail plate and encourage growth.



And even better if you can fit in the luxury of a manicure I would love to see you at Unwind!

Louise Pitt



Unwind Hair
Bigbury
Ladies - Gents - Children
Experienced
Stylist & Barber
Welcoming new clients to Unwind

Opening hours
Monday 9-5
Tuesday 9-5
Thursday 9-5
Friday 9-5
Alternating Wednesdays & Saturdays

PLEASE CALL THE SALON DIRECTLY IF YOU WOULD LIKE A BOOKING ON THE DAY.

milk shake

www.unwindinbigbury.co.uk 01548 810 000
unwindinbigbury@mail.com 07786860440

Unwind
Beauty ~ Massage ~ Skin Care

Bigbury Village
Kingsbridge
South Devon
Tq7 4ap

Louise Pitt
07786860440
unwindinbigbury@mail.com
www.unwindinbigbury.co.uk

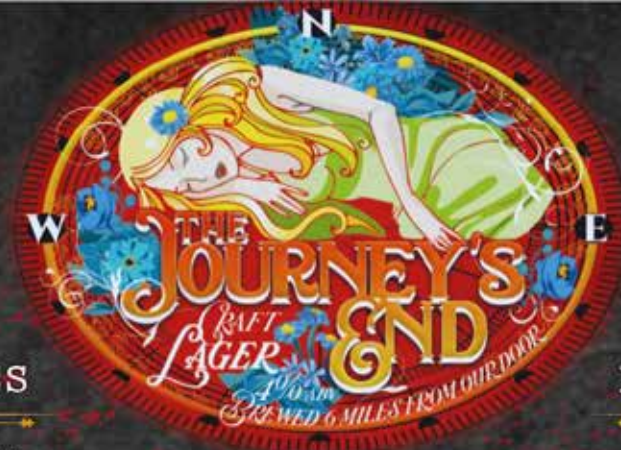
Coast & Country Cottages



Join the South Devon holiday letting experts

With over 20 years' experience in holiday letting, our locally-based team are proud to offer expert knowledge, bespoke property management options and consistent year-round bookings. Contact us today to find out about the award-winning support we could offer you.

Find out more | 01548 802179
 Order a free Owners Guide | coastandcountry.co.uk
 Meet our team | Visit us in Salcombe or Dartmouth



OPENING TIMES

WED-FRI	SAT-SUN
12-3	12-11
6-11	

KITCHEN TIMES

WED-SAT	SUNDAY
12-1:45	12-3
6-8:30	

POSITIONS

ALL AREAS AVAILABLE
 MEAL ON EVERY SHIFT
 EXCELLENT RATES OF PAY
 EQUAL SHARE OF TIPS

PIANO AND POOL TABLE AVAILABLE

THEJOURNEYEND@BTINTERNET.COM
 01548 810205
 BOOKINGS ADVISED

ONLY REAL ALES
 N'
 CIDERS

MEAT/SEAFOOD/VEGETABLES/HERBS
 ALL LOCALLY SOURCED
 WHERE PRACTICAL

BREWED IN DEVON SERVED HERE!

Bigbury Bell Ringers

Bell Ringing in Bigbury ~ Part Two

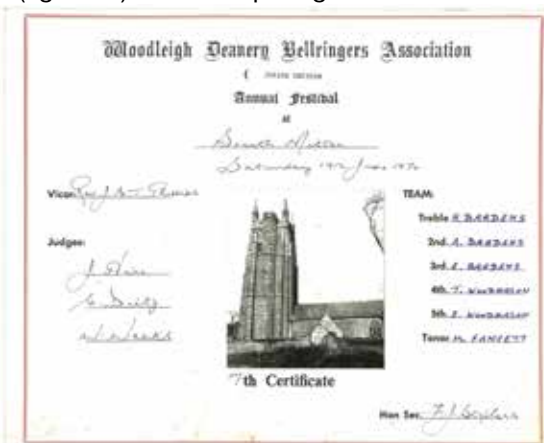
Based on a conversation with Harry and Ellen Bardens.

Harry Bardens, as the new Captain of the Bells at St Lawrence's church, had the renovation of the bells as one of his first jobs that took place in 1960. This was undertaken by Taylors' of Loughborough. The total cost was £1,500 and the soon to retire People's Church Warden, "Farmer Jack" Hooppell donated £500 for their restoration. Farmer Jack farmed at Folly Hill and had been the church warden for 50 years. Harry then became the People's Church warden for the next 27 years before retiring in 1989. Since the construction of the tower in the 13th Century there must have been many bell renovations. In Peter Cook's book about St Lawrence he identifies four occasions when the bells were rehung (1780s, 1870s, 1908, 1960) and now in 2023, though there are likely to be many more times they were refurbished in the past.



The removal of the bells in St Lawrence Church Bigbury in 1960. Harry Bardens is far left and was the Captain of the Bells on the treble bell.

As Captain of the Bells, Harry's Bigbury team undertook regular ringing, competitions and training. On training Harry said "it is best to start them young, ideally about 12 years on a box so they can reach the sally". The sad thing was that though many youngsters were trained they tended to move away from the village to go to college and find jobs. As a result, the core ringers were always the old ones! Harry and Ellen's son Andrew was one of those trained, though he began when he was 9 as he was a "big lad". One of the rare occasions that Bigbury were able to field two teams in a competition was in 1976. Harry, Ellen and Andrew (aged 12) were competing in the same team.



Yet fielding a competition team became a struggle and Bigbury ringers stopped competition ring in the late 1970s. However, Harry was in high demand and head hunted as a competition ringer in both Cornwall and Devon until he retired from competition ringing aged 84. His last competition was in the in the 8-bell tower of St Pancras in Widecombe in the Moor. Call "Change Ringing" was virtually the only ringing method in Devon and Cornwall, whilst in the rest of England "method change" ringing is undertaken. When asked about method change ringing technique Harry's response was it was a "mathematical cacophony of sound"!

Harry reckoned that Devon Call Change Ringing had declined in the County due to an influx of more and more Method Change Ringers that have brought this way of ringing with them. In 1979 Harry undertook his first judging of a bell ringing competition. Ellen was also a judge doing her first judging in 1984. Covid ended his judging career with his last competition judging in 2019, a career of 40 years. In the heyday of competition ring there used to be a competition to enter on virtually every Saturday continuously between April and November, alas this has also declined.



Andrew, Ellen and Harry Bardens showing off their bell ringing competition certificate when they competed in the same team back in 1976. Andrew was 12 at the time!

When asked does the weather effect bell ringing, Harry said "very much, the rope gets stiff and shrinks in wet weather, whilst in dry weather the rope becomes soft, limp and longer". Consequently, the ringer has to adjust their timing and technique according to the weather. Near the end of our conversation Harry likened bell ringing to golf "sometimes you are good and sometimes not, but practice helps a lot"! Of the benefits of bell ringing it keeps you active, keeps the mind alert, but above all there was the comradeship amongst the bell ringing community that he remembers. For the return of St Lawrence's bells Harry and Ellen are looking forward to having three generations of ringers participate, that being Harry, Harry's son Andrew and Andrew's son Josuha who is a keen bellringer in Poole.

Henry Wainwright

Early Bird - Get into Golf offer

Bigbury Golf Club



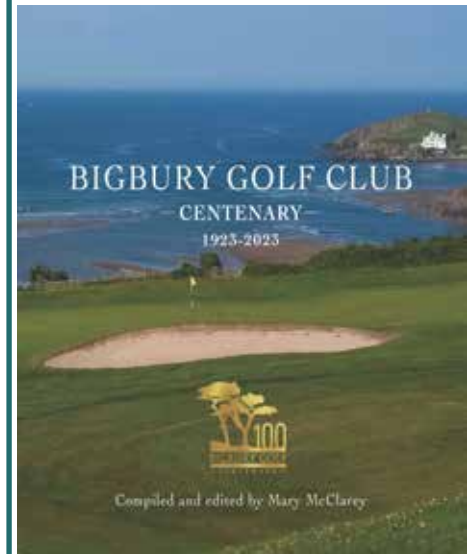
Complete Beginner Group Sessions

5 Week Course (60 minute sessions) £50

For more information email golfshop@bigburygolfclub.co.uk or call 01548 810557

Now on Sale BIGBURY GOLF CLUB CENTENARY BOOK

£5
from the Club Bar



Bigbury Golf Club is 100 years old and the Centenary book faithfully records its fascinating history.

Renowned golf club designers H.J. Taylor and F.G. Hawtree were commissioned in 1923 to design the course on farmland whose outstanding views over the Avon estuary, Bantham Bay and Bigbury Bay make it a scenic delight.

From its early beginnings with 9 holes to the magnificent 18 hole course it is today, careful research as well as members' recollections have been carefully woven into a valuable memento which will be treasured for many years to come.

Mary McClarey, a local author and golf club member, was asked to compile the book which had been the brain child of her friend and fellow author the late John Simes. John's early notes are included in the book as are the contributions of many members and employees both past and present.

Avon Mill

Café, Garden Centre & Shops
In the beautiful Avon Valley.



Christmas Trees & Gifts • Café • Dogs Welcome
Plenty of Parking • Open 7 Days a Week
Gifts • Christmas Trees • Local Crafts

Loddiswell • Kingsbridge • Devon • TQ7 4DD
avonmill.com 01548 550338

The Bigbury Golf Club Centenary Year has been full of memorable events and competitions, and the final Event celebrated at the Thurlestone Hotel on Saturday 11th November was a most wonderful conclusion with exactly 100 Bigbury members and families enjoying a very special Gala dinner dance.

The auspicious Gala was organised by Tony Price, a member of the Centenary Committee, who also proved himself to be a splendid MC. Before the dinner commenced, Tony asked everyone to stand and spend a few moments acknowledging Armistice Day and to reflect on Wars currently happening in the World.

After the meal, Tony Price introduced the current Chairman, Lt Commander Steven Ryder who outlined how Bigbury had enjoyed most successful events in 2023 alongside the great Centenary Year celebrations, and especially thanked Dave Bogue, Chairman of the Centenary Committee, and other Committee members for all their time and work that had been put into making the Year so memorable.

Dave Bogue then gave an informative and at times most amusing speech, during which he explained that the Club was formed in 1923 by Commander Charles Evans. This Royal Navy theme is continued to this day with the current Chairman.

Dave went on to thank many people who had contributed to the most successful Centenary Year. As well as the Committee, Club Captains David and Karen Graddon along with Seniors Captain Phil Jolly were especially thanked for their commitment and enthusiasm through the year's celebrations.

A new Centenary Logo was designed by Emily Bunch, a committee member's daughter and this has adorned the Club's Centenary merchandise, as well as a new flag which has flown proudly over the clubhouse. Bigbury Golf Club is blessed with many people who use their skills to the benefit of the club.

The evening's formalities concluded with the special launch of the Bigbury Golf Club Centenary Book which was compiled and edited by Mary McClarey. Mary is a local author and club member and the club is honoured to have had her input.

She describes the book as a compilation of member reporting, vintage photographs and significant events which had taken place at the club during its 100 years. It is a colourful and inclusive document, reflecting the diversity and open friendship which the club is proud to claim as its trademark. Mary was presented with a special copy of the book by Phil Jolly, the Seniors' Captain.



Phil Jolly presents a special copy of the Bigbury Golf Club Centenary Book to Mary McClarey

Centenary Book

There are several retired Bigbury members, particularly Lady Captains who may like to purchase the Centenary book.

Roger Monson has kindly offered to deliver any books requested and collect payment.

Tony Price then introduced the band and invited people to take to the dance floor and the wonderful evening celebrations continued long into the night.

The 2024 Bigbury Year will kick off on Saturday 6th January with the traditional Captains' Drive In and an 11 hole Greensomes competition. There will be much fun and this is an opportunity for the Captains to commence fund raising for their chosen Charities.

During the year there will be the Ladies Coffee Morning, the Ladies 3-Ball Open, a Men's Seniors Open, a Mixed Open, and a Ladies 3-Ball 3-2-1 Stableford Team Open. And of course all the Honours Board Trophy competitions, and the Club Championships day to challenge members.

There will also be many golfers who continue to book their T slots on the course to simply enjoy some golf, followed by refreshments, and this sociable golf is an important part of our wonderful golf club.

With this report being December and January, Bigbury Golf Club wishes everyone the Compliments of the Season.

Marlene Johnson





Get yourself

'FIT TO GO'

with JILL's local classes

at Bigbury Memorial Hall:

Mondays: PILATES 9.30 - 10.30

STRONG & STEADY 10.50 - 11.30 + tea

at MARS Pavilion, Modbury: -

Thursdays: STRONG & STEADY 11.30 - 12.15 + tea

Equipment provided. New or not to exercise, all welcome in friendly, mixed, pay-as-you-go classes! Experienced & qualified instructor.

Strengthen muscles, maintain balance, stretch out -also ideal to rebuild fitness after illness or covid!

For more information, please contact JILL on 01548 810651 or gubbinsjill@gmail.com

FITNESS SO CLOSE TO HOME!

PLEASE CONTACT JILL BEFORE ATTENDING IF NEW & INTERESTED IN JOINING ANY SESSIONS. THANK YOU!

Please note: no classes from 14th December. Please contact Jill for restart dates in 2024.

WISHING YOU ALL A JOYOUS CHRISTMAS & NEW YEAR!



SURF KAYAK SUP
Bigbury on-Sea & Challaborough Bay



Lessons

- ★ Beginner & Advanced
- ★ Discounted Private Family
- ★ Taster Session 1 Hour
- ★ Supervised Practice
- ★ Special Needs
- ★ Surf Club
- ★ Stand Up Paddle
- ★ Surf Camp
- ★ All equipment is provided

Hire

- ★ Surfboards & Wetsuits
- ★ Stand Up Paddle Boards
- ★ Single & Double Kayaks
- ★ And Beach Shop Sales

★ **Guaranteed** ★

We'll get you standing up and riding in your first lesson.



Discover the feeling...

07813 639 622 • www.discoverysurf.com • martin@discoverysurf.com



PALLADIUM BUILDING SUPPLIES

Right in your Neighbourhood!



BUILDING MATERIALS



TIMBER & JOINERY



PAINTING & DECORATING



GARDEN & LANDSCAPING



ROOFING & INSULATION



IRONMONGERY & FIXINGS



PLUMBING & HEATING



ELECTRICAL & LIGHTING



TOOLS & WORKWEAR

BATHROOMS & KITCHENS



Blair Road Ivybridge PL21 0UR tel 01752 896140 ivybridge@palladiumbm.co.uk
Higher Union Road Kingsbridge TQ7 1EQ tel 01548 852792 kingsbridge@palladiumbm.co.uk
www.palladiumbm.co.uk

KINGSBRIDGE EYE CARE GROUP

With over 30 Years of
Clinical Excellence

Full eye health examinations
Optomap, Ultra-wide digital retinal photography
Glaucoma assessment
Tailor made lenses and spectacles
Luxury designer brands
Free NHS sight test to all eligible patients

Retinal Photography
In-depth visual field testing
OCT scanning
Available when recommended by the Optometrist.

Call today and book your appointment.

Modbury: 01548 830944 Kingsbridge: 01548 856854

Nigel Frost Optometrist 3, Chene Court Modbury PL21 0QJ
Kingsbridge Eye Care No.1 The Promenade Kingsbridge TQ7 1JD



Empowering you to think dog

121 Dog Training
Behavioural Consultations
Group Sessions and Classes
General Obedience
Fun ~ Friendly ~ Personal

[f stevecomleydogtrainerandk9behaviourist](https://www.facebook.com/stevecomleydogtrainerandk9behaviourist)