

BIGBURY NEWS

AUG / SEPT 2022

www.bigburynews.com

Issue 473

BIGBURY COFFEE MORNING Wed 3rd Aug 10.30 midday

ST LAWRENCE DAY PICNIC Wed 10th Aug 3 - 5 pm

SWEET & HOT
QUARTET
Sat 3rd Sept 2.30 pm

(see posters)

BIGBURY
PARISH COUNCIL
Wed 7th Sept 7.30 pm

DEVON OPEN STUDIO WORKSHOPS see page 6

SIGN UP to BIGBURY DRUMS for UPDATES



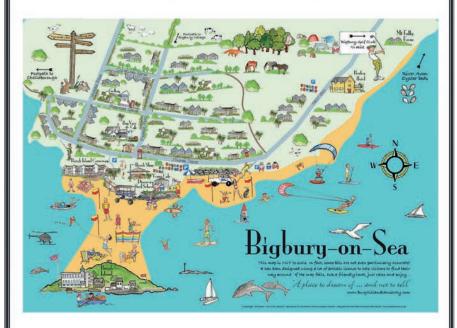




BIGBURY ON SEA HOLIDAYS

Bigburyonsea.co.uk

The site for great holidays in a great community; now gives the accommodation, holiday activities, many useful links and maps.



Now features community events and dates.

Send any ideas for the site to

John@BigburyOnSeaHolidays.com



BIGBURY NET ZERO DRUMS

Together we can make a Difference

Many thanks to **Henry Wainwright** who has taken over the running of Bigbury Net Zero Drums

SIGN UP

to a weekly Mail Chimp newsletter about local events and alerts, via email.

Please complete the on-line form www.bigburynews.com
or contact the new BNZD editor. henry.wainwright52@gmail.com

ADVERTISE LOCAL EVENTS

Send your events posters to the BNZD Editor Events in South Hams also promoted.

BIGBURY NEWS 2021

Six issues: FEB/MAR (copy date 15 Jan); APR/MAY (copy date 15 March); JUNE/ JULY (copy date 15 May); AUG/SEPT(copy date 15 July); OCT/NOV (copy date 15 Sept) and DEC/JAN (copy date 15 Nov).

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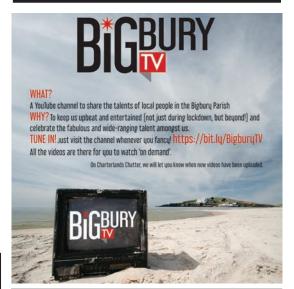
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Minutes of all Parish Council meetings can be viewed in the three parish **Notice Boards** at **Holywell Stores**, **Unwind Salon** in Bigbury and the **bus shelter Bigbury-on-Sea** and on the **Bigbury Community website**

www.bigburycommunity.co.uk

THANK YOU TO OUR ADVERTISERS WHO MAKE BIGBURY NEWS A VIABLE ENTITY

THANK YOU ALSO TO THOSE READERS, ORGANISATIONS and BUSINESSES MAKING DONATIONS

Contributors: Marlene Johnson (Nineteenth Hole), Vic & Jill Gubbins (St Lawrence Matters & Inspired Appeal), Henry Wainwright, Louise Wainwright (various).

Event Reporters: Michael Tagent, Jean Wright and Yvonne Klidjian, Photo credits: Louise Wainwright, Marlene Johnson, Katie Smith, Martin Connoly.



LETTER from the EDITOR

Dear Readers,

A lot has been happening in Bigbury as you will see from the pages of this month's Bigbury News. Thank you to all those who have contributed to this issue - which is the penultimate issue for my role as Editor. My last issue will be the October/Nov issue (copy date 15th Sept). The December/January issue will be in the care of our new Editor, Jan Davies.

Louise Wainwright Bigbury News Editor

PARISH COUNCIL CONTACTS

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BIGBURY LADIES

Five ladies visited the House of Marbles at Bovey Tracey for our June get together with Rita and Jean very kindly doing the driving. Unfortunately a couple of our regulars were poorly and a few more had other commitments but we hope to see them all back for our July visit to Avon Mill Garden Centre on Thursday 14th. We had agreed to change our meetings from Wednesdays to Thursdays and it looks likely that it will be the 2nd Thursday of the month. Rita will be sending an email round to get regulars views.

14th July: Lunch and browse around the shops there.

18th August By kind invitation of Gill Peet – meet at Gill's – bring a plate (with food on it to share !!!) and flower arranging **12th Sept**. NB TUESDAY; COACH TRIP Tally Ho to Widdicombe Fair.

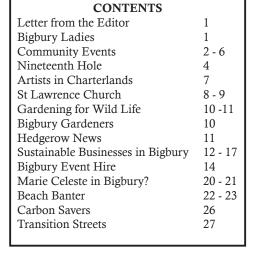
20th October Dartington

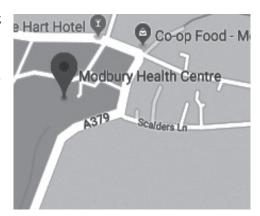
17th Novem Lunch in Modbury – venue to be decided

15th Decem Christmas lunch at Cottage Hotel, Hope Cove.

Please note that all ladies are welcome to join us – we are an informal group who like to meet up once a month for a natter!! In the light of high petrol prices I am sure that any drivers giving lifts would appreciate a donation towards the petrol costs.

Pam Trundle – 810719 Rita Baker 810792 Chris Curgenven 810482





Modbury Health Centre

Poundwell Meadow Modbury PL21 0QL 01548 830666 www.modburyhealthcentre.co.uk

Modbury Pharmacy

5 Broad St, Modbury, PL21 0PS 01548 830215

www.modburypharmacy.co.uk





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BIGBURY MEMORIAL HALL

Bringing the Community Together

July sees the last couple of Hall events before we take a Summer break. On the 1st we held the latest in our ever popular series of Wine Tasting evenings. Local wine merchants Barrel & Still presented eight interesting wines, which were accompanied as always by some great home made nibbles. Many thanks to Gill, Cathy and Michael for these. There was an interesting twist this time in that there were four wines from France and four from the USA, which were presented "blind" in parallel, with everyone having to guess which country each was from. The results were quite surprising!

On Sunday the 31st we are staging the annual Produce Show. The various Classes are set out below and, as usual, there is something for everybody, even non gardeners! There's still time to produce an entry, particularly with the excellent weather we've been having.

Finally, we've been carrying on with our policy of improving the facilities at the Hall. You've probably noticed that the exterior and interior have been redecorated and, as I write this, the ceiling lights throughout are being replaced with LEDs.

Have a great Summer and see you in the Autumn.

Charles Harrington.

Tel. 810023.

Email charles harri@yahoo.co.uk

Platinum Jubilee Celebrations at the Memorial Hall 2nd June

The picture (right bottom) of the beacon (courtesy of Janie Grace) somehow summarises the fantastic celebratory atmosphere at Bigbury's Platinum Jubilee party on 2nd June at the Memorial Hall. By dint of strong teamwork and a 'can-do' spirit from the primary organisers and many willing helpers, over 400 people were able to park sensibly and come together on a fine but rather chilly evening to enjoy an extremely popular hog roast, down a few oysters with a slug of gin, join in some good old fashioned party games and have a hearty sing-song whilst sharing the Jubilee Cake entries: all this to the accompaniment of a musical background provided by some of our own talented performers.

Perhaps most importantly, everybody was able to chat to their friends and neighbours in a way that they hadn't for over two years during a giant outdoor community picnic. The sense of fun was enhanced by a free raffle with prizes donated by several local businesses and individuals, and by the 'royal' attire sported by those brave enough to join in the fancy dress parade in some highly fashionable topical outfits! The evening was rounded off with the National Anthem (with the Modbury Gospel Singers), in tribute to our Queen and her 70 years service, some spectacular fireworks and the aforementioned beacon.

On behalf of Bigbury Parish Council, heartfelt thanks go to everybody involved!

Stuart Watts



BIGBURY MEMORIAL HALL

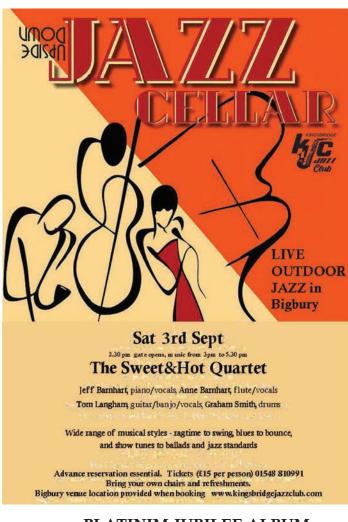
Calendar of Events for June July 2022

Day & Time	Activity	<u>Organiser</u>	Contact no.
Mon. 9.30 – 10.30 10.50 -11.30	Pilates Strong & Steady (plus tea and cha	Jill Gubbins Jill Gubbins t)	810651 810651
15.45 – 17.00	Table tennis	Angie Bond Janie Grace	811131 811122
17.30 – 18.30	Creative-X Children's Works	Kate Webb hops	714712
Wed. 10.30 – 12.00 (1st Wed. of month) (2nd Wed. of month) 19.30	Community Coffee morning Parish Council	Jean Wright Yvonne Klidjian Ian Bramble (clerk)	810029 810971 855712
<u>Thurs.</u> 9.00 – 10.30 (3 rd Thurs. of month)	Creative-X South Hams Filling Station	Kate Webb Gilbert Snook	714712 810017
4.30 – 5.30	Line Dancing	Sue Trendwell	550348
<u>Sun</u> . Mornings	Yoga www.becky	Becky Hickman hickmanyoga.co.u	k/bigburyclasses

Please confirm dates and times during August and Sept with the Organisers.









The Kingsbridge Jazz Club meets in a garden in Bigbury during the summer months and then moves back to the Crabshell Inn, in Kingsbridge from October. www.kingsbridgejazzclub.com

Fifty happy people in June enjoyed the **Drat Pack** band and the lindy hop dancing exhibition from **Mad About Swing.**

The Sweet & Hot Quartet is bound to be a sell out so please book early.



The joy was infectious when the band invited the audience to join in singing "New York, New York"!! Swinging!

PLATINIM JUBILEE ALBUM







Mondays: PILATES 9.30 - 10.30 STRONG & STEADY 10.50 - 11.30 + tea

at MARS Pavilion, Modbury: -

Thursdays: STRONG & STEADY 11.30 - 12.15 + tea

Equipment provided. New or not to exercise, all welcome in friendly, mixed, pay-as-you-go classes!
Experienced & qualified instructor.
Strengthen muscles, maintain balance, stretch out-ideal to rebuild your fitness after illness or covid!
For more information, please contact JILL on 01548 810651 or qubbinsjill@gmail.com

FITNESS SO CLOSE TO HOME!

PLEASE NOTE: NO CLASSES AT ALL DURING AUGUST. CLASSES RESTART MONDAY 12^{TH} SEPTEMBER

PLEASE CONTACT JILL BEFORE ATTENDING IF NEW & INTERESTED IN JOINING ANY SESSIONS. THANK YOU!

NINETEENTH HOLE

People everywhere are so excited about the Queen's most historic Platinum Jubilee Celebration taking place over the special four day public holiday in June. And Bigbury Golf Club is also eagerly looking forward to this most historic celebration of such an extraordinary event.

The golf club's special celebration day is happening on **Saturday 4 th June** and is to be the "**Red White and Blue**" **Platinum Jubilee competition.** The clubhouse is to be appropriately decorated for the Bank Holiday and our caterer Mags is baking a special **Platinum Jubilee Cake** for the members as part of the day's celebration. Mags bakes the most wonderful cakes and this one is to be special for her.

Our golf course is in very good condition and is playing well, which has certainly contributed to some excellent scoring by many players. **Sarah West**, our 2022 **Lady Captain**, is having a most enjoyable year. In April Sarah had her first ever win in a **Devon County Finals** competition. There

were players from golf clubs throughout Devon competing in this competition, and they had all qualified by securing the best Medal Rounds score in their Clubs during the 2021 season. Sarah says she had a fantastic day out, accompanied by Lorette Logie who caddied for her. Sarah thanks Lorette for her great support and reports that they were both surprised with how many balls she managed to play over very high trees to land on the greens. But finding herself out of position, she decided she had to "go for it". For her part Lorette says Sarah played fearlessly and these shots were heart in the mouth stuff for her caddy! We are all very proud of Sarah with her incredible Devon County Final win.

For the men, **Dave Moulding**, the Club Captain, was pleased to welcome golfers from the **Torquay Golf Club** to Bigbury for the annual "**Top Hat" competition.** Dave was doubly pleased when his team won the game to wrest the Top Hat from Torquay and it is now proudly displayed in the Trophy Cabinet. He says the match

was played in great sportsmanship, and on a course that was in great condition. All players enjoyed friendly banter afterwards over a superb meal laid on by club caterer Mags, helped by her colleague H.

Finally, Sarah hosted a most successful charity fund raising "Soup and Puds" at the Memorial Hall. It is reported that there was a great atmosphere and the lunch went down a treat. The Ladies Section worked so well together, with members making the soup and puds. Many Bigbury ladies who no longer play golf went along and were delighted to be able to meet and catch up with each other, and to support Sarah with her first Charity fund raiser. Well in excess of £500 was raised and Sarah thanks all who helped and came along, as well as the Memorial Hall Committee for the kind use of their amazing hall. The money raised will be split between her two local Cancer and Dementia Charities.

Marlene Johnson







AWARD WINNERS in BIGBURY (and page 28)

Bigbury can be proud to be home to several locally and nationally recognised heroes who have been awarded accolades in 2022.

PRINCE OF WALES AWARD 2022 to Sea Dream Education

www.seadreameducation.com



We are proud to announce that **Seadream Education**, founded by Bigbury resident, **Dr Juliette Jackson**, was awarded the Prince of Wales Award at this year's Devon County Show for their OCEAN DISCOVERY ZONE PROGRAMME!



The award is given to projects and organisations who have made the most outstanding contribution to improving the lives of their community

The Ocean Discovery Zone outreach programme travels the length and breadth of the county showcasing the wonders of the Ocean and culminated in a large installation at Devon County Show. This was one of the biggest features on the showground and a real highlight of the show, where visitors were invited to engage in fun and meaningful activities and resources designed to connect them to Devon's wealth of coastal waters.

Juliette says 'Led by a team of professionals, from conservationists to marine biologists, we bring the ocean to our communities and showcase the wonders of the seas!

Juliette has created an opportunity for everyone to explore underwater with the **SeaDream VR headsets**, taking visitors under the Devon Ocean to experience close encounters with wildlife! Seadream Education has been creating new technical educational resources with the use of their underwater Remotely Operated Vehicles which are like underwater drones.

Seadream Education is part of the **South West Jellyfish Survey** to find out more about these amazing creatures! You can send info about your sightings to them at

sea@seadreameducation.com. Juliette explains, "We started just looking at the South Coast of Devon, but jellyfish don't know where the boundaries are so we have expanded to cover all coasts of South West England and the offshore islands like Lundy and Scilly. We collect sightings data and use that to help us decide where to look for juvenile jellyfish and where to collect water samples for our eDNA research. See how you can get involved! https://www.facebook.com/SouthWestEnglandJellyfishSurvey/

You will remember the life size inflatable marine mammals belonging to the British Divers Marine Life Rescue which supported the Bigbury Net Zero Beach **Assembly.** They were also part of the Seadream Education Exhibition at the DCS. Formed in 1988, when a few likeminded divers got together in response to a mass mortality of common seals in the Wash area of East Anglia, to do what they could for the rescue effort in response to the Phocine Distemper Virus epidemic that resulted in thousands of deaths. Since 1988, BDMLR has been involved in the rescue of marine wildlife after every major marine disaster, including the Braer shipwreck in Shetland, the Sea Empress grounding in Milford Haven, and the Napoli shipwreck in Dorset. Seal rescue has remained a major component of the BDMLR's work, with medics rescuing animals in all seasons around the UK. https://bdmlr.org.uk/

Visitors to the Seadream tent at the DCS could also meet the Seal Project Team. South Devon is one of the locations fortunate to regularly see grey seals, however these are a globally rare species, so The Seal Project here in Devon was set up to monitor and protect these amazing creatures, reduce negative impact factors and raise awareness of the importance of protecting them. Along with these globally rare grey seals they are fortunate to also monitor and record a small number of common seals. They observe, record & recognise many of these seals as they return time and again to our shores. www.thesealproject.org/

Seadream Education also promotes the local charity **Pipal Tree**, a fantastic South Hams based charity working to restore, protect and take up the fight against environmental degradation and climate change in Nepal, before it's all too late. https://www.facebook.com/PipalTreeUK https://www.pipaltree.org.uk/

Seadream offers such a wide range of workshops and activities that can be tailored to suit age/theme and

include fabulous, immersive activities and experiments, using lots of fun resources. They cover STEAM – Science, Technology, Engineering, Art and Maths, as well as Environment and Conservation, Community and more! They visit schools, organisations, community groups and businesses. Enquiries here - https://www.seadreameducation.com/seadreamworkshops/



Photos

President Elect DCS and his wife loving the footage of the Virtual Reality headsets. (above).

Dr Juliette Jackson and **Dr Michelle Kiernan** (Sea Dream Educatoin Directors) with the Prince of Wales Award.



More award winners on page 28

SOCIAL GROUPS

BIGBURY BOOKWORMS

Hazel Osborne (temporary contact) hazel.osborne6@btinternet.com

BIGBURY LADIES

Pam Trundle

01548 810719

HISTORY SOCIETY

Charles Harrington

01548 810023

BIGBURY COFFEE MORNING

Yvonne Klidjian and Jean Wright yvonneklidjian@btinternet.com 01548 810029

01548 810029

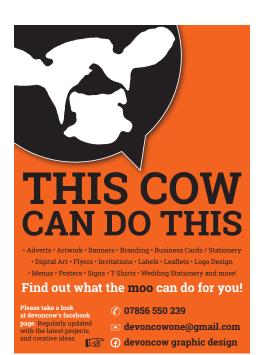
MEMORIAL HALL CHAIRMAN

Charles Harrington

charles_harri@yahoo.co.uk 01548 810023

DO YOU WANT TO START A GROUP?

Please contact the Editor bigburynewseditor@gmail.com





Could you spare a few hours for the **Modbury Caring Befriending Service**? Or - perhaps you feel that you, yourself would benefit from a few hours a week from a Befriender? Find out more from the Befriending Coordinator, **Sheila Harrison**. **07554 997140** or **modburycaring@gmail.com**.

You can drop in to see her on Wednesdays from 11.00 – 12 noon at the Modbury Parish Office by the Co-op in Galpin Street, Modbury.



BIGBURY COFFEE MORNING

On Wednesday 4th May we raised £241 for the South Hams Society. It was lovely to have Richard and Kate present who spoke informally about local planning.

On Wednesday 1st June we raised £364 for Modbury Caring and it was good to have Michael Tagent present who told us about the wonderful work of Modbury Caring-befriending and driving.

On Wednesday 6th July we raised £350 for St Luke's Hospice and it was good to have Colin Pinkham present who told us about the amazing work of St.Luke's.

Many thanks to everyone who supports us each month so very generously. Next month on Wednesday 3rd August we will be supporting the Kingsbridge Triangle Centre and look forward to seeing you between 10.30 and noon in the Memorial Hall.

On Wednesday 7th September we will be supporting Devon Air Ambulance and on Wednesday 5th October The Wave Project.

Keep safe and Healthy **Jean and Yvonne.**



Architecture + photography = Art an illustrated talk by Brian Statar



Wednesday September 28th 2022 at 2 for 2.30pm

The Methodist Church, 100, Fore Street, Kingsbridge, TQ71AW or Via Z00M (call 01548 532850 for a connection £8 donation)





Ringmore for Devon Open Studios WORKSHOPS

Mixed Media Workshop (with Judith, Laura and Caro): 12 Sept, 10 - 1pm (for more info email carobarrettjewellery@ gmail.com)

Mokulito/Wood Lithography Printmaking Demonstrations (with Judith): 11/18/25 Sept, 2 - 3pm and 3 - 4pm (for more info email judithgwoodings@gmail.com)

Oil and Coldwax Painting (with Laura): 19 Sept, 10 – 12pm (for more info email lauraarttherapy@gmail.com

Jewellery-Making from Sea-Glass and Beach Finds (with Caro): 20 Sept, 10am - 1pm (for more info email carobarrettjewellery@gmail.com)

BIGBURY WATCH



Eamonn & Linda Brynes 01548 811104 07790 485102

Not sure whether to call the police about something of concern? Have a chat with our friendly Bigbury Watch Team and perhaps they can give you some advice. Eamonn and Linda are retired police officers and live locally.

ARTISTS in CHARTERLANDS

This September local artists **Judith Woodings** and **Laura Butt**, and jeweller **Caro Barrett**, will be welcoming visitors to their studios in Ringmore for **Devon Open Studios** from **Saturday 10th Sept until Sunday 25th Sept**. During the fortnight Judith, Laura and Caro will also be running a series of **workshops and demos in Ringmore and at Ayrmer Cove**. Open Days: Wed to Sun, 10am - 5pm, closed Mon and Tues. For full information see www.devonartistnetwork. co.uk and the printed event guide which will be widely available from the end of July.

Printmaker and painter Judith works from her studio next to the South Devon coastal path. She specialises in the unusual process of Mokulito/wood lithography. This technique allows her to make limited edition prints that are unusual in that they have a painterly quality as well as incorporating woodcut marks. Her handmade prints and watercolours depict atmospheric trees and woodland bent and formed by the weather and reflected in still pools, landscapes flooded in evening light and watercolours of the coastline. Exhibiting member of MAKE Southwest. www.judithgwoodings.com (top right)

Laura is an artist and art psychotherapist who moved to Ringmore last year with her family looking for a change in lifestyle. She works with oil paint and cold wax documenting the changing of seasons in her intimate landscapes. Her pieces are textural and expressive capturing a moment in time, inviting the viewer to see nature through her eyes. www.laurabutt.com (bottom right)

Ethical jeweller Caro Barrett's work is influenced by coastal and rural elements in the landscape, particularly south Devon's striking rock textures. She is interested in how the surface of metals can be manipulated and textured, hand-making her unique pieces in recycled and Fairtrade silver and gold, glass, and responsibly-sourced gemstones. www.carobarrett.com (middle right)

Laura Buttt









See workshops programme on page 6

ST LAWRENCE MATTERS & THE in SPIRED APPEAL for the Restoration of St Lawrence Church

As we write in mid-July, the end of summer and the return to school and work is within sight – as is the end of the Tower and Bells restoration work. We still await a firm date for the re-installation of the bells, but it is now expected to be in September – probably just as well, as would-be volunteers should be easier to find then! Meanwhile **Chris**Lane and team will be putting in the floors and ceilings required for the bell ringing chamber and vestry prior to the bells' return. Please contact Vic if you would like to help re-install the bells and Bryan if interested in becoming a bell ringer!

Venus Café have continued their generous support for the Tower and Bells Fund, with £422.60 from the first quarter sales of cups of tea across the Venus outlets. Very many thanks, and there will be a final update on these donations in late autumn. Please continue to give the cafés your custom when out and about in the South Hams this summer and help the fund!

June and July saw St Lawrence in busy mode. The **Queen's Platinum Jubilee service**, excellently led by Simon Franklin, saw a lovely gathering giving thanks for Her Majesty's years of amazing service

to the country, as the long weekend of celebrations drew to a close.

After a long gestation period due to the pandemic restrictions, the open afternoon near the end of June with The Age of Chivalry, 'Bringing History to Life', went ahead most successfully. The overall attendance was good with a mix of locals and visitors, including from South Africa, and raising over £66 in donations. Knowledgeable volunteers resplendently costumed in role animated diverse displays installed around the church interior. A demonstration by the Lords Richard and Kevin on the varied uses of swords in combat really captured the attention of the many children (and adults too)! The highlight was Kat Woods' generous and beautiful gift of a replica of the unique headdress depicted on one of our brasses, the starting point for this event following her research during lockdown. The PCC are thrilled to receive such a wonderful artefact. A project to preserve and present the brasses properly, in which the headdress will most certainly form a central element, needs to be developed in the future. (If you can donate a dummy head for presenting the headdress, please do get in touch!).

St Lawrence hosted **Chorus Ecclesiae** the next evening. This choir meets four times a year to sing a full cathedral style Choral Evensong in local churches, and they filled the church with their harmonies. They certainly had no need of the P.A. system installed the week after, funded by the Friends of St Lawrence, which is already enabling regulars of the rear pews to hear the sermons more clearly!

Early July, a concert by the students of piano teacher **Jo Highley** was well received by their parents and others lucky enough to hear their talented playing. One of these children, **Charlotte Bonell**, joined in the cello and piano concert given the next evening by **Clare Garton-Sprenger** and Jo, which finished with two dancers tango-ing in the aisles to complement the music! The church was packed with people from a wide area who really enjoyed hearing such lovely music live. Clare and Jo's performance raised £600 in aid of the T & B Fund and is greatly appreciated, thank you ladies.

The **Pedigree Jazz Band** returned to St Lawrence for a Sunday afternoon gospel jazz concert very recently, the cool of the church providing welcome relief from the intense heat! An appreciative audience of 41 people sang along to the band's rhythms, it was lovely to see so many visitors and part-time residents attending, and £155 was raised from the event.

Please do contact **Bryan Carson**, (810296), Vic or me with queries or offers of help and ideas. Don't forget **St Lawrence's Day** falls on **Wednesday 10th August**, when you are invited to join a community **Pimms and Picnic** afternoon at the Memorial Hall – only £7.50! Please purchase ticket from **Jean Wright**, **810029** by Monday 8th August to allow Jean to cater accordingly!! Thank you and ENJOY!



Jill Gubbins

01548 810651 gubbinsjill@gmail.com www.bigburynews.com/church

Appeal co-ordinator: Jill Gubbins 01548 810651 / 07745 990270 gubbinsjill@gmail.com Please gift aid your donation if possible (your post code is necessary). THANK YOU!
I enclose a cheque for £ payable to St Lawrence Church Tower & Bells Fund Acct or I have trans-
ferred £ with my name as reference, into 30.98.97, acct no 87437468, the fund above.
GIFT AID DECLARATION: I should like St Lawrence's Church, Bigbury, to reclaim tax on all donations I
make now or at a later date. I understand that I must pay an amount of UK income or capital gains tax equal to
the tax reclaimed.
Signed: Dated: Dated:
Signed: Dated: Printed Name: Tel /email:
Printed Name:Tel /email:
Printed Name: Tel /email: Address:



LETTER from MINISTER at ST LAWRENCE



Aveton Gifford **Bigbury** Kingston Modbury Ringmore 9.30 am 11.00 am 11.00 am 9.30 am 9.30 am August 7th Sunday Worship Communion Sunday Worship Communion Sunday Worship Communion (BCP) (8 am) August 14th Communion Sunday Worship Sunday Worship Village Service All Age Service Communion August 21st Lay Led Service Sunday Worship Communion Sunday Worship (11 am) **Evening Prayer** Village Service Sunday Worship August 28th Communion Communion (6 pm) September 4th Sunday Worship Communion Sunday Worship Communion Sunday Worship Communion (BCP) (8 am) September 11th Sunday Worship Communion Sunday Worship Sunday Worship All Age Service Communion September 18th Communion Sunday Worship Sunday Worship Communion (11am) September 25th Communion Sunday Worship Sunday Worship Sunday Worship Communion

How was God invented?

In 2011, journalist Alex Renton's six-year-old daughter, Lulu, wrote a brief letter to God and asked her father to send it. The letter asked God how He was invented. Her Dad was unsure what to do it with it and so sent the letter to family members and faith leaders. The reply, reprinted below, was written by Rowan Williams, then Archbishop of Canterbury.

Alex later recalled: Lulu listened quietly as I read the Archbishop's letter and it went down well. What worked particularly was the idea of "God's story." "Well?" I asked when we reached the end. "What do you think?" She thought a little. "Well, I have very different ideas. But he has a good one."

Dear Lulu,

Your dad has sent on your letter and asked if I have any answers. It's a difficult one! But I think God might reply a bit like this –

'Dear Lulu – Nobody invented me – but lots of people discovered me and were quite surprised. They discovered me when they looked round at the world and thought it was really beautiful or really mysterious and wondered where it came from. Then they invented ideas about me – some of them sensible and some of them not very sensible. From time to time I sent them some hints – especially in the life of Jesus – to help them get closer to what I'm really like. But there was nothing and nobody around before me to invent me. Rather like somebody who writes a story in a book, I started making up the story of the world and eventually invented human beings like you who could ask me awkward questions!'

And then he'd send you lots of love and sign off. I know he doesn't usually write letters, so I have to do the best I can on his behalf.

Lots of love from me too.

Archbishop Rowan

9



GARDENING for WILDLIFE



Many thanks to The Habitat Group made up of community members from the parishes fo Dittisham, Blackawton, Cornworthy and Ashsprington who have allowed Bigbury and many other parishes to benefit from their publication, 'Gardening for Wildlife'. This took about a year to get it ready for printing.

It has been written by different members of The Habitat Group and the pictures were all taken in the South Hams. The first print run of this book was for the above parishes and was funded **Cllr John McKay** from his climate fund pot. Printing of this FREE edition for Bigbury parishioners was funded by **Bigbury News**. Thanks to the **Bigbury News volunteer team** for distributing the Gardening for Wildlife booklet.

Further copies of this booklet can be purchased from **Holywell Stores** to help raise funds for Bigbury Net Zero.

The Habitat Group also has a water vole re-introduction project and are raising funds for this. Anyone using the booklet as a resource is welcome to make a donation to help them with this endeavour. (contact sune@sussh.org for instructions on how to help)



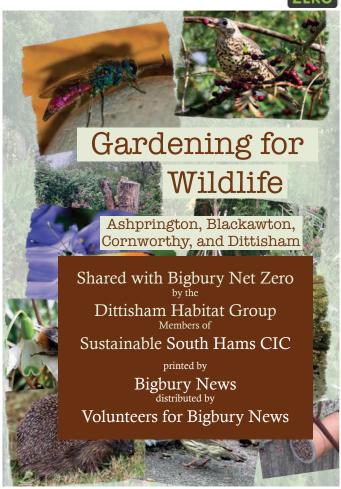
The **Devon Wildlife Trust Wildlife Garden Award** invites you to add your garden to the patchwork of wild spaces across Devon! It's easy to enter and you can receive your free plaque to display if you can 'tick some of the the boxes' on their website. The Award is open to residents, schools and businesses. There are lots of wildlife gardening tips on the DWT

www.devonwildlifetrust.org/take-action/garden-wildlife/wildlife-garden-award



BIGBURY GARDENERS

Bigbury has a **Whats App** group to share ideas and inspiration about gardening in Bigbury. Message 07908 525663 to join the Whats App group. We are planning a **Bigbury Bio Blitz** (nature survey) for 2023 and would like more people to help the team.



WILDFLOWER GARDENS IN BIGBURY





HEDGEROW NEWS



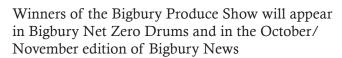
Hedge and Lady's Bedstraw

At this time of year our hedgerows have contain an abundance of a white 'frothy' flower which is known as Hedge Bedstraw (below). It looks similar to cleavers but lacks the hooked hairs and general roughness so the young leaves are good to eat raw or they can be used to make a tea or soup. Bedstraw has many tiny, white, four petaled flowers emerge from the axils of the leaves in late Spring and can continue until late Summer. The name itself, bedstraw, comes from use of the plant as a mattress filling; the clinging characteristic of the prickly plants minimizes matting and compaction of the mattress filling. Hedge Bedstraw is a member of the Rubiaceae family which it shares with Cleavers and Coffee. The fruits/seeds of Hedge Bedstraw can be roasted and used as a coffee substitute which contains less caffeine.

Less common we also have Lady's Bedstraw (left) which looks very similar except the flowers are yellow instead of white. They scent the air with honey in the evening. Dried, this flower has the scent of new-mown hay, and its name is probably derived from the tradition of stuffing straw mattresses with it, particularly those of ladies about to give birth. Historically, lady's bedstraw was used to colour and curdle milk in the process of cheese-making but now a convenient vegetarian replacement for rennet, which is made from the stomach lining of cows.

Henry Wainwright



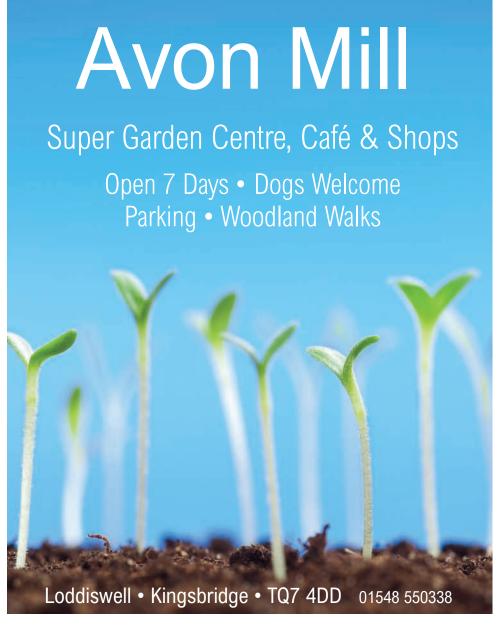












VENUS CAFE

Internationally multi-award-winning Devon hospitality business, The Venus Company (loving the beach®) with four stunning beach cafe locations across the county, has invested significant funding into commissioning an in-depth case study by Cranfield University on the environmental impact of using sustainable palm plates for their Venus cafes.

In 1995, husband and wife team Michael and Louisa Smith, together with Lee **Porter** opened the doors of The Venus Cafe (loving the beach®) at Blackpool Sands on the site of the original 'The Venus Tea Hut', a small wooden hut selling tea and ice-creams which Louisa's mother, Lady Newman started in 1958. Today the company is an environmental champion with three beautiful South-Devon beach locations open all year round with cafés; takeaway and shops, located at Blackpool Sands; Bigburyon-Sea and newly opened Broadsands in Paignton. A fourth site, East Portlemouth just a short and picturesque ferry ride from Salcombe, re-opened at Easter for the summer season, and there are also two new Venus beach cafes in the pipeline.

The ethos and values at the heart of this pioneering company is sustainable development, and they were honoured with the Queen's Award for Enterprise in Sustainable Development in 2005 for 'providing the best al-fresco Mediterranean-style dining experience in a UK beach setting whilst integrating environmental and social care into every business decision'. The company won the award again in 2010, with the Judge's comment 'a rare example of a sustainable cafe-chain', which clearly demonstrates its ongoing commitment to sustainability.

Constantly striving to improve its environmental performance, Venus banned plastic straws 20 years ago in a bid to reduce plastics on the beach and in the oceans. The latest innovation of this pioneering company is the introduction of fully-home compostable and biodegradable palm plates and wooden cutlery in all of their four beach cafes.

With sustainable solutions at its core, the company commissioned **Cranfield University**, a British postgraduate public research university specialising in science, engineering, design, technology, and management to carry out the study. The University was asked to research the environmental difference between using

SUSTAINABILITY at the



of BIGBURY BUSINESSES

environmentally friendly palm plates, wood cutlery and home compostable packaging vs. ceramic and china crockery with metal cutlery, which needs to be constantly cleaned in a commercial dishwasher.

Michael Smith - MD Venus Company said: "Sustainability is part of our DNA, and we love the beach as a habitat, so taking care of it is integral to our business philosophy; it's essential, therefore, for us to serve the most environmentally friendly food and packaging we possibly can."

He explains: "The purpose of this study is to help the food service industry choose greener tableware for serving food. Our mission is to be the greenest café and shop operator and the major investment we made into this research was for Cranfield University to analyse the environmental impact of home compostable v. china and dishwashing all day. We have found resistance from some of our customers, particularly the older generation who struggle to understand the benefits of using palm plates and paper cups which are more environmentally friendly, than reusing china cups and plates, and replacing those that get stolen or broken. Through this funded project, we want to help educate people that by eating with us contributes towards lower CO2 as well as helping to safeguard our lovely Devon coastline, and oceans. Our green way of working includes the introduction of using palm plates and not china, or ceramic crockery."

Palm plates are made from the Areca palm, indigenous to India which has dense forests. Local villagers and farmers collect the dead leaves, rinsing each raw sheath with water to remove any dirt and once clean air-dry it naturally. The palm leaves are then hand-stretched and flattened, turning what would have been an agricultural waste product into disposable and environmentally friendly dinnerware which can be wiped clean and reused, or disposed of along with food waste, or on the compost heap in the garden.



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PRIVATE GROUP · 84 MEMBERS





Bigbury Event Hire

Supporting Bigbury Net Zero







Are you thinking of having a garden party, planning a wedding or celebrating an anniversary? In addition to organising the catering, the venue and the invitations, you'll want to decorate your event and the most planet-friendly way to do that is to hire rather than buy.

Bigbury Net Zero is committed to reducing the local carbon footprint and an easy way to do this is to re-use and recycle so we're delighted to announce a new service we can offer locally: Bigbury Event Hire. We have been loaned some resources, which we're making available for hire with all fees going to support Bigbury Net Zero. We have beautiful bunting, tealight holders, bottles for flowers and a variety of other accessories.

Our website is **www.bigburyeventhire.org** where you can see the full range and details of how to hire them.





SUSTAINABILITY at the



of BIGBURY BUSINESSES

Michael comments: "There are minimal carbon emissions involved as the palm plates and wooden cutlery are single use. We want to get the important message across that broken or overused crockery cannot be recycled, it can only be sent to commercial landfills. We want to sustain the planet, ensuring we are not interfering, but helping to safeguard it for future generations. No trees are harmed, and no artificial ingredients or chemicals are used in the making of the palm plates, so its nature in its purest form."

He adds: "It's interesting to know just how long some of the products we use or consume take to break down and biodegrade. Cotton, glass, and paper are recyclable; (which, in itself can be a large CO₂ emitter); however, many consumers may not be aware that single-use plastic isn't, and pollutes the Earth forever, which has a major impact on climate change.

That's why shifting to eco-friendly products should be our priority to protect the planet for future generations. It's essential for the hospitality and food industry to develop natural and renewable home compostable materials, eg. corn, wood, fibre, grass, leaves. Our home compostable palm plates and hot drinks cups and lids are made of components and materials that should fully decompose into the soil within a matter of weeks, leaving nothing behind but nutrient rich compost for the garden. It's perfect for our customers, particularly those who are avid gardeners who love to take their cups home and throw them on the compost this Life Cycle Assessment by Cranfield heap knowing they are doing something positive for the environment."

The Venus company likes to work with like-minded companies who share their ethos. This includes Sovereign Partners founded three decades ago, selling

and coffee to go market with sustainability as the key ingredient and who supply their palm plates.

Barbara Feldman, Founder & Chairman -Sovereign Partners Ltd. said: "One of my favourite topics is sustainable packaging and educating people on the myths and misconceptions which are still out there which is so confusing to consumers. You only have to google 'plastic-free coffee cups' and up comes loads of them - all lined with PLA. which is a plastic! Just because it is made from plants, doesn't mean it's not plastic and it can't be home composted either. She adds: "Palm leaf platters are totally natural products made from dead leaves with only water and heat added to shape the items so are ideal for home composting and truly sustainable with almost zero impact on the environment. If they do end up in landfill they would still completely decompose, as do leaves, in around 6 – 9 weeks."

The study research by Cranfield University focuses on the environmental impact of tableware by comparing ceramic and palm leaf plates, stainless steel, and wooden cutlery to identify which has a lesser effect on the environment. The comparative life cycle assessment (LCA) of biobased, once-use 'crockery' utensils with conventional ceramic utensils that are washed by machine and used repeatedly.

Dr Adrian Williams, who supervised University said:

"Venus reduced its recurrent carbon footprint from serving food by 66% through swapping conventional serving utensils for

innovative packaging to the upmarket food bio-based, single-use plates and cutlery.

> The biggest benefit was eliminating the necessarily energy intense washing up, therefore, reducing electricity and water consumption.

Being early adopters maximises the benefits, but excessive over-exploitation of the bio-resources will have negative effects. Negative waste management reduces the benefits while positive waste management increases them."

He concludes: "The study carried out a comparative, cradle-to-grave, life cycle assessment to quantify climate change and water impacts of ceramic plates and palm plates, steel cutlery and wooden cutlery. The results show that making and using palm plates and wooden cutlery have lower global warming potentials and water impacts than reusable ceramic plates and steel cutlery, which incur very high manufacturing impacts. In conclusion, the overall impact of changing to palm plates and wooden cutlery; potentially saves Venus causing the emissions of 3.2 tons of CO2 equivalents per site."





Challon's Combe Organics (meat & dairy)

www.challonscombeorganics. co.uk/

Three generations of the Fish family have farmed at Challon's Combe Farm in Combe, Bigbury. Mary Fish was born on the farm, which has been in the family since 1955. Challon's Combe Organics is run by Mary and Peter Fish with their sons, Jonathon and Andrew. Together they now farm 200 acres, producing meat (sheep, pigs and beef cattle) and a range of dairy products.

Jonathon is a Bigbury Parish Councillor and Andrew also acts as a Lengthsman.

SUSTAINABILITY at the



of BIGBURY BUSINESSES

(*cont from p 15*) Challon's Combe Organics

Mary Fish explains, "We stopped feeding cereals and soya cake to our herd back in the spring of 2012 when there was alot of grass about for them to graze. We learnt by trial and error what was best for our animals, supported by the Pasture Fed Livestock Association. In the beginning there were no PFLA standards set for pasture fed systems for dairy and there are still only a handful of farms in the UK which have adopted the pasture-fed system in the UK because it is easier to achieve with beef production than dairy farming".

" Our system is based on spring calving and making hay and silage for winter feed. We use more drought tolerant, deep rooted herbage in our pastures, such as chicory, plantains, sheeps parsley, fescue, timothy grass, cocksfoot, red clover and also rye grass"

Andrew is responsible for the organic pig herd which consists of 12 sows and a bore which produces a litter of ten piglets every 2 or 3 weeks. They are all born outside in arks within the Bigbury landscape. Andrew explains that, "We have far fewer piglets lost this way than we had from indoor births."

The Challon's Combe Organics on-site hog roasts and BBQs are popular with the Bigbury Community. Andrew and his partner, Charlotte Budgen, provided the celebration hog roast for Bigbury's Platinum Jubilee community gathering. Their pigs are British Lop, an old Devon/ Cornwall breed crossed with another old breed, the Oxford Sandy & Black.

Andrew explains that "Our calves are not weaned until they are 5 or 6 months old. This differs a lot from the conventional meat production systems in the UK, which often separates the calves from their mothers almost at birth to then feed them on purchased milk powder. Instead we allow our calves to feed for almost 6 months from the older, gentler cows which act as nurse cows for the calves. The rest of the milking herd produce the milk for our 'old fashioned' home deliveries of milk products.

When we started farming organically we soon noticed how much healthier our livestock had become. This convinced us that natural is best, so we do not homogenise any of our milk (it is all pasteurised) and our natural yoghurt contains nothing but our own organic milk and vital living bacteria; Lactobacillus Acidophilus LA5, Streptococcus Thermophilus, 16 Bifidobacterium, BB12.



We sell most of our milk in 1L reusable glass bottles on a deposit system. It is also available in plastic 1pint, 2pint and 4pint bottles.

We take great care to make our products as tasty and nutritious as we can, so we leave our yoghurt to incubate for a minimum of 24 hours".

Home deliveries (milk)

Challon's Combe Organics delivers to: Bigbury, Ringmore, Kingston, Modbury, Kingsbridge, Aveton Gifford, Lodiswell, Salcombe and Thurlestone and South Milton.

PLEASE NOTE DELIVERY TIMES An order placed by 9am on Monday will be delivered on Wednesday and an order placed by 9am on Tuesday will be delivered on Thursday.

Orders placed on other days may not be delivered until the following Wednesday. This is because we do not process milk every day and because the carrier requires 24hrs notice when we book collections. If you need clarification about a delivery please ring 01548 550044 and we will be happy to advise you.

Challon's Combe Meat

The beef produced by Challonscombe are from the bull calves out of the spring calving of Bristish Friesian crossed with an Aberdeen Angus or Hereford bull.

The local abattoir is near to Ashburton so that the sensitively raised animals do not have to travel far. Andrew then processes the meat in their own cutting room on farm at Challon's Combe.

Retail butchery shop

Mary Fish reminisces that she used to visit Lidstones Butchers (at the top of Fore St in Kingsbridge) with her mother when she was a small child. When the owner, Tim Hubbard, wanted to retire he approached Challon's Combe Organics to see if they would like to take on the lease. He felt this family farm had the passion and skills to bring something essential into the brand he had built.

Under the management of Andrew Fish, Lidstones now sells the full range of Challon's Combe meat and dairy products as well as great quality meat from local farms.











Not living full time in Bigbury?

You can still support our own local pasture-fed farm and benefit from Challon's Combe meat by organising a box of frozen meat to take home with you.

Or you can have it 'posted' to you. Just ask for more details or visit the website

www.challonscombeorganics.co.uk challonscombeorganics@gmail.com

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Having a big BBQ? Challon's Combe will put together a large BBQ box for you or organise a hog roast for a special event! 17



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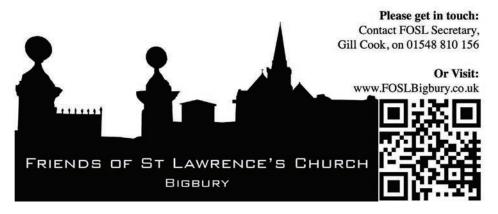
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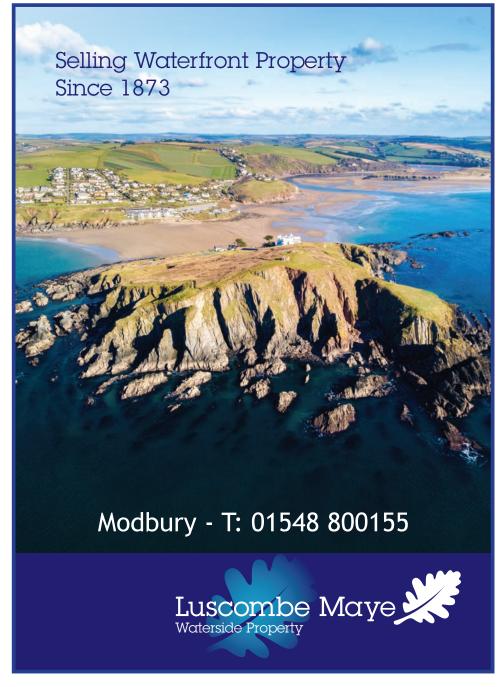
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By joining Friends of St Lawrence's Church (FOSL), you will help maintain this priceless building and its remarkable contents.





Below - The arrival of the deserted Crossowen on Thurlestone beach in 1908

Opposite (left). The Crossowen after boarding with her sails taken down.

Opposite (right) The gravestone of Captain Hitchins which lies next to the gravestone of his crew in Thurslestone churchyard.



The Marie Celeste of Bigbury Bay

When the residents of Thurlestone awoke on the morning of Friday 7 May 1908 they were surprised to see a brigantine, the **Crossowen**, in full sale aground on Yarmer Sands. They were even more surprised that when they managed to get aboard the ship that appeared to be fully functional, yet the lifeboat was missing and the boat was deserted. Was this a local re-run of the earlier mystery of the Mary Celeste?

In 1872 the Mary Celeste, an American brigantine was found adrift and deserted in the Atlantic Ocean off the Azores Islands. Her lifeboat was also missing along with the crew. The mystery of the Mary Celeste has never been solved though there are countless theories. The story of the Mary Celeste would have probably been confined to the history books if it was not for Arthur Conan Doyle and his short story "J. Habakuk Jephson's Statement" published in 1884. The short story is about a survivor of the Marie Celeste, a fictionalised version of the Mary Celeste, who writes a testimony in the first person. No one did survive the Mary Celeste. In addition, Conan Doyle changed the name and so the name the Marie Celeste has moved into popular culture and probably better known than the Mary Celeste.

For the Crossowen there was also an unsolved mystery. On the previous night there had been a thick fog despite a strong south-westerly gale. Villagers had heard gunfire, which could have been distress signals but no guns or canon were found on board the Crossowen. Eventually when the coast guards managed to board the Crossowen there were signs that the crew had left in a hurry. Over the next few days the bodies of the crew were recovered from Bantham beach and the Captain's body found at Cockleridge in the river Avon. In his pocket were all the ship's papers. The Crossowen was badly holed and was a total wreck within two weeks of first hitting the beach. At the coroner's enquiry, held in the Village Inn at Bantham (now the Sloop Inn), the coroner found it inexplicable that the Captain had not used his foghorn that was still in his cabin. The coroner returned a verdict of accidental drowning.

As for the cause of the tragedy, the popular theory was that the Crossowen hit rocks on the edge of **Burgh Island**. Thinking the ship was doomed, the captain and crew took to the lifeboat and rowed to towards the sound of breakers to find a beach on which to land. Unfortunately, the dangerous breakers at the mouth of the Avon estuary were their demise when the lifeboat overturned. With the rising tide,

a crew-less Crossowen became free of the rocks and sailed onto Thurlestone beach.

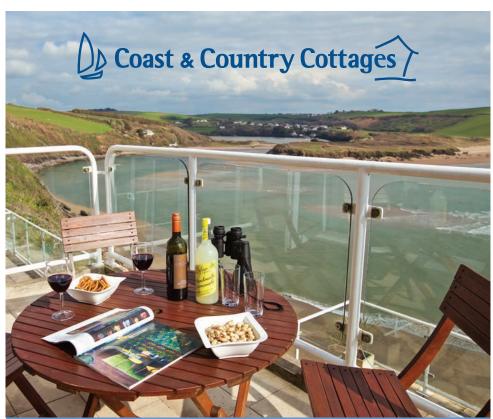
Today the only sign of this tragedy are the gravestones of the Captain and his crew in Thurlestone churchyard.

Henry Wainwright



Above: Mary Celeste

Henry Wainwright will be delivering his talk on Shipwrecks of Bigbury Bay at the Ringmore History Society in January 2023 -at a date to be announced soon.



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BEACH BANTER



www.discoverysurf.com

As we enjoy the heatwave here in Bigbury on-Sea, it's been great seeing so many of you getting in sea catching waves, stand up paddling around the island or kayaking in the bay. Here at Discovery we are full steam ahead into our main season and have been busy teaching hundreds of school children on their activity/enrichment weeks, coaching the up and coming groms with our surf clubs, and introducing a whole host of holiday makers and locals to their first surfing and paddleboarding experiences. Martin has also been running a couple of Surf Instructor workshops, training up the next generation of coaches.

It's been tremendous having so many language students back surfing with us as well - we've had teenagers from across Europe perfecting their English as well as their surfing skills!

We were very proud to again be awarded the Trip Advisor Traveller's Choice again for 2022 - it is a reflection of the dedication, hard work and general commitment from our team to deliver the best possible service. Our shop at Bigbury on-Sea, next to the Venus Cafe is open all day everyday, and from here you can make enquiries and hire equipment. We are also very happy to offer advice if you're not sure about anything surf school related, the team are a friendly and knowledgable bunch! On hot/calm days we will also have our beach trailer up and running and you can hire kit right next to the water from here.

In the school holidays we have loads of lessons available - something to suit everyone, from private lessons, family lessons, group lessons, and children's surf courses. Please get in touch with us to get more information about these.

Our Surf Club kids can also enjoy some one off sessions that we've scheduled on a few days over the holidays. Our next Surf Club courses will be available from September, and we'll be updating dates for them soon. We enjoyed a Surf Club Social recently, and we were lucky to have dry albeit windy day to get the bbq on and meet and catch up with parents and children from across all of our clubs.

We hope you're enjoying the summer and we look forward to seeing lots of you at the beach.

All the best
Annika, Martin
and the Discovery Team



Discovery Surf School

Bigbury Car Park

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3476



Wave Project Marathon paddle around and around Burgh Island – 33.13 kms

Families and vulnerable youngsters have suffered greatly during the pandemic as have the charities such as **The Wave Project** whose fund raising events have had to be cancelled during the miserable last two years!

Katie Smith, South Devon Coordinator of the Wave Project, was determined to give this life giving charity a boost with a marathon fund raising paddleboard challenge to circumnavigate Burgh Island 22 times before the tide withdrew. So on her day off she set up a Just Giving page and used social media to get the word out.

After an epic 33.13 kms and an exhausting 5 hours Katie Smith thanked all the Wave Project supporters who either sponsored the event, cheered them on from around the globe or joined her for part of the journey.



Katy says "It made a great difference to have the support of amazing people like Gary Sinclair, Mark Smith, Pete, Dennis Tee Up Lyne, Becky and Lizzie from St Anne's Chapel. Claire from Hastings who was on holiday joined in and did her first ever lap of Burgh Island. Charlie from Bigbury Tea Garden who was on her third ever time on a board and navigating some tough water also took part.

We were joined for the last laps of the island and we had some resounding cheers from BeachBarista and Discovery Surf School on the final laps! And of course my Dad, Rob Smith, was there to cheer me on too. As the mission was completed and we ended up on the beach the team were welcomed with pints of beer from the ladies who where kayaking around the island earlier and watched us all day. They knew we would miss last orders and wanted to make sure we had a drink to finish. Hero's! What an epic day on the water! "

Katie Smith







The Wave Project and Bigbury Net Zero teamed up to organise a beach clean at Bigbury-on -Sea in July. Thanks to all those who came down to support this effort.

Permanent Beach Clean Trolleys

We would really appreciate your donations to fund two permanent beach clean equipment 'trolleys' like the ones in Challaborough. This would keep beach cleaning on the daily agenda and not just something we do on 'beach clean days'.

The equipment trolleys would also have good quality **information boards** to remind everyone of the need to avoid the use of single use plastic and the devastating impact of marine pollution. It would also explain how continued CO2 emissions are dangerously acidifying our oceans and are already impacting on the abilty of marine creatures to build their shells and skeletons.

Beach Toy Loan Boxes

Katy Smith is also looking for donations to help complete the beach toybox loan project. Other beaches in Cornwall have successfully launched beach toybox loan schemes, to reduce the need to buy (and throw away) cheap plastic beach toys every year. These toyboxes will also be an information point with good quality infomation boards promoting "Reduce, Re-Use, Recycle' as a lifestyle option to protect our planet. Thnaks to Jamier and Ellie of The Beach Shop for agreeing to host the beach toy loan box on their forecourt.

If you would like to make a donation or sponsor this initiative, please contact -

Louise Wainwright info@bigburynetzero.org www.bigbrynetzero.org

Bigbury Dippers.

Please join in our Whats App group and swim with other dippers!

Steve Williams

 $steve@weights and measures.org.uk\\07769\ 713700$

Dippers from local villages also welcome!





Burgh Island Hotel

Bigbury Dippers Update

Several of us have been meeting, often at Challaborough for a quick dip but now the weather's hot and the sea's warming up nicely, we have started to become a bit more adventurous.

In July, Lizzie and Steve did a loop of Burgh Island. We were joined for part of the swim by Sara and David. The water was very flat with a gentle swell to play in in the gulley at the back of the island. The cormorants watched from their drying rock and the sea garden was very colourful. I believe Heather and a few others swam around the island again later, so what's stopping you?

If you fancy joining us – it can be a dip or an adventure depending upon you level and interest, please join our WhatsApp group, just contact Steve

Steve Williams

E: steve@weightsandmeasures.org.uk T: 07769 713700











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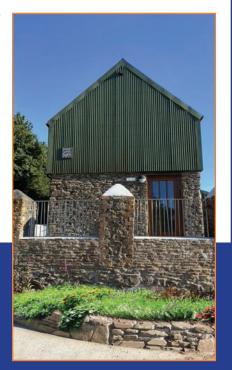
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course

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course outline

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as a turning point in our approach praise I could offer anything or anybody in these times.



CALLING FOR VOLUNTEERS IN EACH VILLAGE IN BIGBURY TO HELP www.transitionstreets.org.uk



Bigbury Net Zero has teamed up with Ruth Leonard-Williams, founder of Transition Streets. This organisation is an off-shoot of Transition Towns and provides support to small groups of friends and neighbours who want to collaborate to help reduce their household bills and reduce their carbon footprint at the same time.

It's often much easier and more sociable to work together on some of the serious issues which affect us all.

Transition Streets provides a brilliant handbook for a Street Coordinator to facilitate meetings, discussions and help to decide on activities and opportunities to collaborate. If you are willing to be one of those street coordinators to help your neighbours - then please get in touch.

Bigbury needs you to lend a hand. Please join in and do what you can to help.

info@bigburynetzero.org

Together you can build some really meaningful community projects which save energy, money and help to save the planet

Louise Wainwright 01548 810991



Transition Streets

Building Connections to Care for Each Other and Our World



Transition Streets is an awardwinning project that helps us connect with our neighbours, support each other to reduce our living costs and cut our carbon footprint by taking practical action together.

Groups of 6-8 neighbours meet over seven sessions to talk about topics including energy, food, travel and water. We provide a facilitator to help with the first and last sessions and a pack with activities and conversation topics for the rest.





Streets can then create their own projects from garden shares, car shares and babysitting circles to wildlife friendly verges, befrienders and energy saving projects.

AWARD WINNERS in BIGBURY (cont)



www.bigburynetzero.org





BBC Local Radio has created a new award campaign to celebrate people who are going above and beyond to make a difference in our communities. There are 8 categories of awards: Volunteer – Awarded to an individual who makes a real difference to the community by giving up their time voluntarily to help out a charity or good cause. **Community Group** – Awarded to a group of people who have helped to genuinely change the lives of others within the community. Fundraiser - Awarded to an individual or group of people who have gone the extra mile to raise funds for a charity or good cause. Carer - Awarded to someone who improves the life of an individual or group of people by caring for them on a regular basis. Great Neighbour – Awarded to an individual or group of people who help to make the neighbourhood or local community a better place to live or work, either on a regular basis or through a single act of kindness. Key Worker - Awarded to a key worker who's gone above and beyond their call of duty to help others. Environmental Award - Awarded to an individual or group of people who help to make where we live more environmentally friendly. The Together Award – Awarded to an individual or group of people who create real change by breaking down barriers and bringing together people from different walks of life for a common cause.

Bigbury Net Zero are finalists in the **Environment Award.** The winner will be announced at the award ceremony at Crealy Park on 15th September.



Discovery Surf have again be awarded the **Trip Advisor Traveller's Choice for 2022.**

Martin and Annika say "It is a reflection of the dedication, hard work and general commitment from our team to deliver the best possible service".





Bigbury Beach and Bigbury Tea Garden Accolade

The **Times Travel Editor** chose 50 (out of more than 800) beaches he visited around the UK coast, to feature in the UK guide to the 50 best beaches. The guide celebrates the world-beating magnificence of the British seaside, and gives readers descriptions of the scenery and setting. The Editor also finds out the practical information needed to plan a beach day including the facilities. **Bigbury Tea Garden** featured in the article.

Notes from Beth Huntley...

Well done to Charlie who has single handedly master-minded the Bigbury Tea Garden from the beginning and turned it into a venue where it's very hard to book a table - she is soooo busy.

The resources available to her have been minimal save the generosity of the hotel and cafe owner **Giles Fuchs.** She has mixed and matched, begged borrowed but not yet stolen bits and pieces of furniture and together with her very practical partner screwed, glued and painted all the items of furniture inside and outside the Bigbury Tea Gardens on a shoestring!

Initially all the cafe staff worked voluntarily, some individuals clocking up 350 hours working for free, latterly the properly paid helpers became part of the fabric of the cafe and work together in mutual support in what can be a very busy atmosphere.

Charlie's innovative Friday evening dinners snd scrumptious Sunday morning patisserie are much anticipated by we locals. She's tried hard to prevent mowing of the cafe grounds and as a result now overlooks a meadow where 5 different threatened species of plants flourish.

It's unparalleled location overlooking the meeting of the waters and the island, it's delightful natural wilderness, it's comfortable deckchair and sofa seating, its eclectic mix of 'proper China' make for such a personal and individual offering to residents and visitors alike.

Small wonder that she receives such good reviews.

Beth Huntley

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